



Message from the  
**PALRC CHAIR**

Lucy Ernst, PharmD, MPH, BCPS

As we welcome the New Year and begin the recruitment process for the next class of leaders, I want to take a moment to recognize the incredible work and accomplishments of the PALRC volunteer members, as well as the pharmacy administration and leadership community as a whole. A heartfelt thank you goes to our exceptional [PALRC leadership team](#) for their unwavering dedication to advancing the mission of PALRC, reimagining the possibilities for administration and leadership residents, and driving meaningful impact within our profession.

As our community continues to grow, we hope that each of you finds a fulfilling role within PALRC as a volunteer or as a participant in the activities conducted for all of our resident, preceptor, and director peers, a community that consistently inspires and empowers the next generation of leaders. Our achievements would not have been possible without the invaluable support of ASHP leadership—David Chen, Karly Low, and Tyffani Wingfield—along with Katherine Miller and the Section for Pharmacy Practice Leaders (SPPL).

In 2024, PALRC hosted a variety of impactful events, webinars, and social gatherings. At the 2024 Conference for Pharmacy Leaders in Chicago, we held a dynamic open forum, “Pharmopoly,” where we discussed real-world financial challenges facing pharmacy. This engaging session brought together health system leaders, including pharmacy directors, residency program leaders, and PGY1/PGY2 PAL residents. Following this thought-provoking discussion, leaders from across the country gathered to celebrate and network at the PALRC Social Networking Event.

In addition to our conferences and celebrations, our workgroups have been hard at work developing key rituals and events to raise awareness of PAL residency programs, promote pharmacy advocacy, and enhance pharmacy practice education. These initiatives are crafted to equip students interested in PAL residencies and residents with the essential tools they need for success preparing for residency and in their careers beyond.

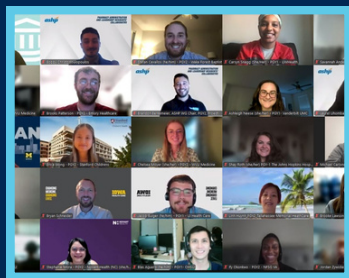
Here’s to another year of growth, collaboration, and continued success!

As we celebrate the accomplishments of 2024, 2025 started on a somber note. It is with great sadness that we share the tragic news of the sudden passing of Bryan Jimenez, Vice Chair for the PALRC Leadership Committee, on January 2, 2025. We offer our deepest condolences to Bryan’s family, friends, and colleagues during this difficult time. Bryan was a thoughtful and compassionate leader for PALRC, that I was lucky enough to not only call a colleague, but a friend. Bryan was a visionary leader, and a pleasure for all to work with in PALRC. I encourage the PAL community to remember and honor Bryan by continuing to advocate for the practice of pharmacy, being kind to others, and carrying forward his legacy of compassion and dedication.

Thank you, Bryan, for everything you have done.

With gratitude,  
Lucy

# RECENT PALRC EVENTS



All About PAL Residencies Virtual Roundtable November 2024



PAL Social at ASHP's Midyear Clinical Meeting in New Orleans

Past PALRC Chairs joined us as panelists to share their insight from their PAL residency experience.

Thank you to the following panelists for their participation!

- Antonia Akrap, PharmD, MS, BCPS
- Alexandra Nilges, PharmD, MBA, MS
- Noemie Kanene, PharmD, MS

*"The PALRC social at the 2024 ASHP Midyear Clinical Meeting in New Orleans provided an opportunity to maintain connections and network with new aspiring leaders all while enjoying a local restaurant!"*

**Chelsea Moyer, PharmD**

## PALRC WORKGROUP UPDATES

### ADVOCACY & PRACTICE ADVANCEMENT WORKGROUP

- **Resident Project Compendium:** Creating an online platform for PAL residents to highlight their ongoing, completed, and planned projects, promoting collaboration and knowledge exchange across programs.
- **Business Communication Resources:** Developing templates for clear communication with both internal and external stakeholders to be used by PAL residents. This includes a specific focus on resources that help with the process of implementing changes that require cross-departmental buy-in.
- **Technician Product Verification (TPV):** Leveraging PAL residents to support ASHP advocacy efforts to expand TPV, aiming to expand technician scope of practice and improve operational efficiencies.

### STUDENT & LEADER ENGAGEMENT WORKGROUP

- **Student Outreach:** Connecting with colleges of pharmacy across the country to provide outreach presentations focused on leadership development and PAL opportunities.
- **Media Relations:** Creating a podcast series focused on the how to host an ASHP Leader and pharmacy's joint ventures in the business world—stay tuned for their upcoming release dates!
- **Marketing Committee:** Scoping opportunities to increase PALRC visibility, networking, and sharing of relevant content within our PALRC community, including alumni.

### PAL RESIDENT RESOURCES WORKGROUP

- **Outreach:** Hosting ASHP Pharmacy Forecast Student Workshops to share the excitement of the future of pharmacy leadership.
- **Communication:** Facilitated the go-live of the PALRC GroupMe so volunteers could stay connected, network, and share ideas with one another.
- **Events:** Hosted the Resident Virtual Networking and Social as well as the social event at Midyear in New Orleans!

# MEMBER SPOTLIGHTS



## Samuel Fordjour , PharmD

PGY1 HSPAL Resident  
University of Michigan Health

### Why did you join PALRC?

I joined PALRC to enhance my health system pharmacy administration skills and connect with like-minded professionals dedicated to advancing pharmacy practice. The program's focus on leadership and innovation aligns perfectly with my career goals

### What made you want to pursue a career in leadership?

I am passionate about improving patient care and believe effective leadership is essential to drive change in healthcare. My desire to influence pharmacy practice and mentor future pharmacists inspired me to pursue this path.



## Sandra Cabezas , PharmD

PGY2 HSPAL Resident  
St. Joseph's Hospital - BayCare Health System

### Why did you join PALRC?

I joined PALRC to connect with fellow residents and leaders who share a passion for advancing pharmacy practice. Through PALRC, I gain access to valuable resources, mentorship, and opportunities to develop leadership skills essential for driving innovation in healthcare. Being part of this collaborative allows me to contribute to meaningful projects and shape the future of pharmacy administration.

### What made you want to pursue a career in leadership?

I pursued a career in pharmacy leadership because I am passionate about improving healthcare systems and enhancing patient outcomes through innovative pharmacy practices. I am driven by the opportunity to lead teams, implement strategic initiatives, and optimize medication management processes.

## ADDITIONAL RESOURCES

Explore these webpages for additional resources for residents and new practitioners:

- [PALRC Homepage](#)
- [Pharmacy Resident Resources](#)
- [New Practitioner Resources](#)