

STAYING UP-TO-DATE WITH LITERATURE AND GUIDELINEES

Learn More: [Strategies to Implement Practice Change in Light of New Literature and Guidelines Blog](#)

Strategies to Stay Up-to-Date

- Media
- Email
- Preceptor development

Why Is it Important?

Pharmacists are life-long learners! By staying up-to-date with literature, pharmacists can improve patient outcomes, optimize safety, and advance pharmacy practice.

Media



Follow your colleagues and organizations within your interest area to view new guidelines, journal publications, and other valuable educational material they share.

Email



Subscribe to your favorite journal and their newsletter. Many well-known journals will send out weekly updates on new literature that will help you stay up to date.

Preceptor Development

- Obtaining board certification and completing Continuing Pharmacy Education can help you stay up to date on old and new pharmacotherapy topics.
- Precepting pharmacy learners on rotation, and guiding them on their presentations and projects can help with staying up-to-date.



How to Apply New Literature and Guidelines



Organize Your Resources

- Use tools like **Google Drive** or **Mendeley** to store, label, and quickly retrieve guidelines, trials, and articles by topic.



Discuss with Colleagues

- Bring up new studies or guideline changes with preceptors or mentors. Real conversations help bridge theory to patient care.



Build Clinical Judgement

- Compare what the guidelines say to what you see in practice. Applying evidence in context strengthens your clinical reasoning.

Pharmacy Team



Use Literature in Meetings

- Share key studies during specialty or department discussions to guide clinical decisions and support protocol updates.

Summarize Effectively

- Highlight trial design, outcomes, and clinical relevance. Use high-yield takeaways for team discussions.

Promote Active Engagement

- Ask questions like, “Would this study change your practice?” to spark thoughtful dialogue.

Health-System Impact



- Review guidelines to impact facility driven protocols and order sets.
- Educate providers and nurses on new medication on market or new FDA-approved indications.

Stay Updated on Best Practices Literature



Get motivated

Use your lifelong learning desire as an internal motivation to stay updated. Use your employment position, your professional involvement, and your precepting privileges as external motivation.



Go to the source

Be selective of your source material. When in doubt, refer to primary literature and peer-reviewed content. If you need help, ask a medical librarian for tips and tricks.



Tap into your network

Attend live CE presentations, seminars, webinars, and professional conferences. Share best practices with your colleagues, co-workers, and interprofessional care team members.



Take charge

Organize an e-mail newsletter, journal club, or monthly round-up at your institution to continue to stay updated.

Specialize your practice

The art of specializing can help narrow down what literature topics you should prioritize.



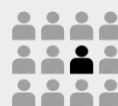
Filter your resources

Personalize and tailor your subscriptions. Add push notifications to alert you to new material.



Be selective of your network

Surround yourself with positive and motivated colleagues, who may encourage staying updated and foster best practices.



Keep it organized

Once you have collected your best practices literature, take time to strategize how you will file and store these resources for easy and convenient reference.



Where to start?

Direct your learning objectives towards your current rotations, patients, work projects, or precepting activities.



Information overload?

Consider organizing and prioritizing your best practices literature by following trends within your professional practice.



No time?

Reserve dedicated time on a scheduled basis to read and review best practices literature.