



Ambulatory Care
Practitioners

Medication Access Resource Guide

Date of Publication: August 2025

Contact: sections@ashp.org

Purpose

This resource document contains internet links to websites that ambulatory care pharmacists, health care practitioners, and support staff can use to help patients with limited access to affordable care. It covers everything from how to help patients enroll in Medicare and Medicaid, find manufacturer assistance program applications, identify charity and discount pharmacy programs, and obtain durable medical equipment. It also contains centralized guides to finding resources in a patient's community for housing, nutrition, and senior programs.

Eligibility & Enrollment for Medicaid and Medicare	
Places that help patients enroll in Medicaid and Medicare	Medicare.gov Senior Health Insurance Assistance Program. Home State Health Insurance Assistance Programs (shiphelp.org) Community Pharmacies (including, but not limited to): Walmart CVS Walgreens Costco
Medicare Prescription Payment Program	Additional Info - 2025 Update
Prescription Drug Cost Programs and Charity Pharmacies	
Drug Manufacturer Assistance Programs	Needymeds.org RxAssist Novo Nordisk Merck Lilly Astra zeneca Sanofi Novartis MagicMedsRx - paid service 30-day trial cards
Prescription Drug Discounts & Retail Savings Programs	GoodRx Walmart - \$4 list Costco - do not need to be a member



Ambulatory Care Practitioners

	MyGoodDays.org - copay, travel, premium, testing - must have SSN ¹ and insurance must cover at least 50% of cost
Charity Pharmacies	Cost Plus Drugs Ships with fee Good Shepherd – Ships with fee Dispensary of Hope - Find a Participating Pharmacy State Rx Drug Repository Programs RxOutreach
Government and Nonprofit Programs	
Programs available to patients with Medicare	Senior Health Insurance Assistance Program. Home State Health Insurance Assistance Programs (shiphelp.org) Foundation grants for underinsured Medicare patients: https://fundfinder.panfoundation.org Low Income Subsidy (Extra Help) application for Medicare patients Copays.org - copay cards that are Medicare/Medicaid-eligible
Information about 340B Programs	HRSA.gov
Information about Federally Qualified Health Centers (FQHC)	Find a Health Center FQHC Look-alikes
Information about the Veterans Affairs (VA) Health Care System	Benefits Website Community Care - Provider Overview Pharmacy/Prescriptions - information for non-VA providers
Information about Tribal Care	Find Health Care Indian Health Service (IHS) Purchased/Referred Care (PRC) Fact Sheets (ihs.gov) Veteran Resources for Patients (ihs.gov) - VA services for Native veterans Health Resources Lesbian, Gay, Bisexual and Transgender Health (ihs.gov)
Resources for Rural Healthcare	Ruralhealthinfo.org - 1-800-270-1898 - info@ruralhealthinfo.org
Resources for undocumented residents and/or refugees	FQHCs - Find a Health Center (English and Spanish)
State-based Program Finders/Guides	Medicaid: State Overviews Medicaid Housing & Utility Assistance: Help with Bills USAGov Nutrition: Meals on wheels



Ambulatory Care Practitioners

	SNAP Eligibility Food and Nutrition Service (usda.gov) Foodbanks Senior programs: Home State Health Insurance Assistance Programs (shiphelp.org) Prescription Assistance Finder: State Rx Plans State Rx Drug Repository Programs
Patient Access Network (PAN) Foundation	PAN Foundation - Home Disease state specific Criteria includes active insurance coverage, income criteria and a confirmed diagnosis of the disease state Can cover out-of-pocket medications costs, health insurance premiums, and transportation costs associated with medical care HealthWell Foundation
Disease State- and Drug-specific Resources	
Smoking Cessation	1-800-QUIT-NOW - provide NRT ² and counseling
Insulin Programs	Manufacturer assistance programs • Lilly \$35 Program • Novo Nordisk NovoCare Program Medicare 2023 Insulin Cap Walmart • ReliOn Novolog and Novolog 70/30 pens • ReliOn Novolin (NPH) vials • ReliOn Regular (R) vials • ReliOn 70/30 vials and pens
Diabetes Testing Supplies	Dexcom Patient Assistance Program (Type 1 only) Freestyle Libre Freestyle Libre Free Trial (sensors only) • \$75/month Voucher (sensors only) ○ 1-855-632-8658, menu option 1 & patient must request coupon Walmart - ReliOn - standard fingerstick glucometer supplies
HIV ³ , LGBT+ ⁴ , and Gender-affirming care	Ryan White - Find clinics & resources ADAP ⁵ - eligibility criteria and coverage vary by State Folx - online PrEP ⁶ , PEP ⁷ , GAHT ⁸ accessibility Planned Parenthood - Regional-based programs
Additional Resources	
Tips for finding local city/county resources	Health system intranet links



Ambulatory Care Practitioners

	Social workers Health departments (DHHS) Libraries YMCA/YWCA Social Media Find Help
Grants/Funding	ASHP HRSA PAN Foundation - Home

Created by the ASHP SAG Medication & Management Services

Contributors (2025)

Brooklyn Olumba, PharmD, BCPS

Clinical Pharmacy Specialist, Ambulatory Care

Memorial Hermann Health System

Houston, TX

Samantha Kunkel, PharmD, BCACP

Clinical Pharmacist, Ambulatory Care

Geisinger

Wilkes-Barre, PA