

# **Maximizing Resources: A Community Health System's Approach to Pharmacy Resident Research and Professional Development**

# Meet the Faculty

**Kellie L.E. Musch, PharmD, MS**

Multi-Hospital Director of Pharmacy

OhioHealth

Columbus, OH

**Sara J. Hyland, PharmD, BCCCP**

Clinical Pharmacist

OhioHealth Grant Medical Center

Columbus, OH

# Relevant Financial Relationship Disclosure

- **No one in control of the content of this activity has a relevant financial relationship (RFR) with an ineligible company.**

As defined by the Standards of Integrity and Independence in Accredited Continuing Education definition of an ineligible company. All relevant financial relationships have been mitigated prior to the CPE activity.

# Learning Objectives

- Describe requirements for research, scholarship, and development in ASHP Accredited Residency Training.
- Summarize barriers to residency programs' providing high-yield training experiences for residents in research, scholarship, and professional development domains.
- Evaluate ways to leverage available tools and resources to meet resident research, scholarship, and development needs.

# Polling Slide

**What is your role in attending this session?**

- A. Residency Program Leader (i.e., Director, Coordinator)
- B. Preceptor
- C. Mentor
- D. Project Advisor
- E. Other

# Polling Slide

**What type of institution do you represent?**

- A. Academic Medical Center
- B. Multi-Hospital Community Health System
- C. Small or Rural Hospital
- D. Ambulatory Clinic / Federally Qualified Health Center (FQHC)
- E. Outpatient / Community Pharmacy
- F. Home Care or Long-term Care Facility
- G. Other

# Polling Slide

## Which of the following is/are a required objective for PGY1 Residents?

- 1 (Creating) Design, execute, and report results of investigations of pharmacy related issues
- 2 (Analyzing) Participate in prospective and retrospective clinical, humanistic, and economic outcomes analyses
- 3 (Applying) Participate in a medication-use evaluation.
- 4 (Applying) Implement changes to improve patient care and/or the medication-use system.
- 5 (Creating) Develop a plan or research protocol for the project.

# Polling Slide:

## Which of the following is/are a required objective for PGY1 Residents?

- 1 (Creating) Design, execute, and report results of investigations of pharmacy related issues
- 2 (Analyzing) Participate in prospective and retrospective clinical, humanistic, and economic outcomes analyses
- 3 (Applying) Participate in a medication-use evaluation.
- 4 (Applying) Implement changes to improve patient care and/or the medication-use system.
- 5 (Creating) Develop a plan or research protocol for the project.



# Polling Slide

**I provide robust research and professional development training to my residents**

- A. Strongly Agree
- B. Agree
- C. Neither Agree or Disagree
- D. Disagree
- E. Strongly Disagree

# OhioHealth's Strategy to Meet ASHP Standards





# ASHP Accreditation Standards



ASHP released newly harmonized standards for postgraduate residency programs, effective July 1<sup>st</sup>, 2023



Each program has unique competency areas, goals and objectives (CAGOs)

R2: Advancing Practice and Improving Patient Care

R4: Teaching, Education, and Dissemination of Knowledge



Research remains an optional competency area

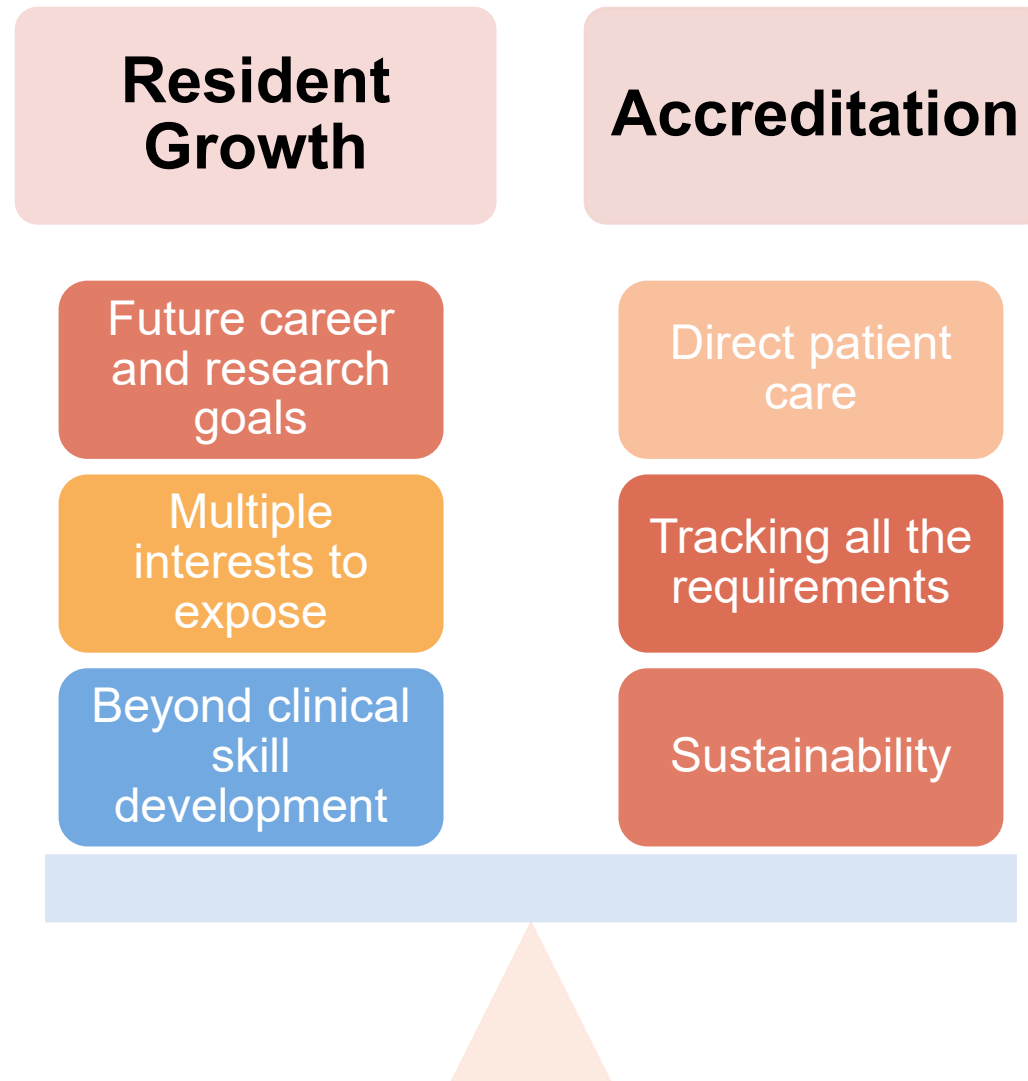
E1: Pharmacy Research

<https://www.ashp.org/-/media/assets/professional-development/residencies/docs/examples/ASHP-Accreditation-Standard-for-Postgraduate-Residency-Programs-effective-July-2023.pdf>

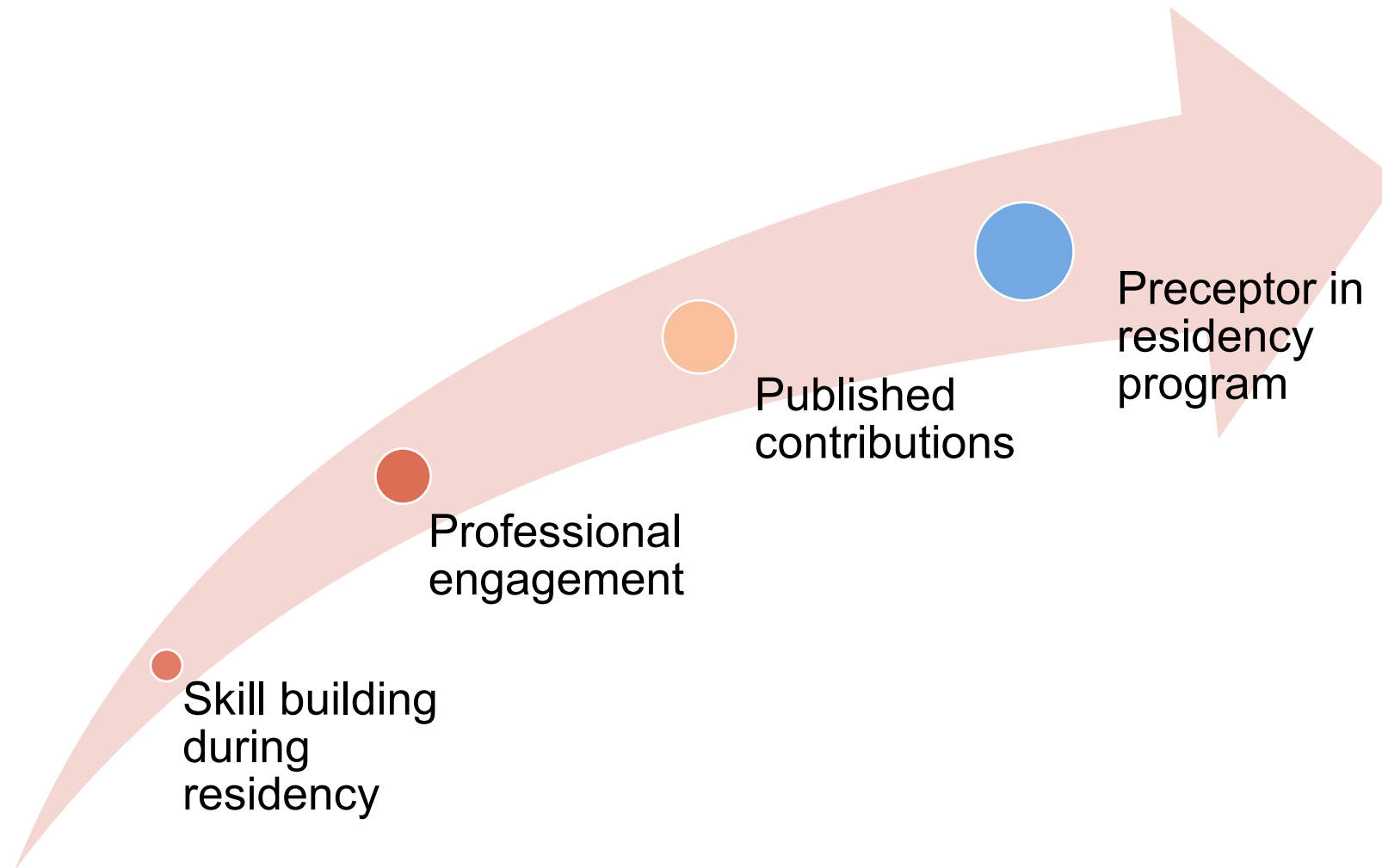
<https://www.ashp.org/-/media/assets/professional-development/residencies/docs/required-competency-areas-goals-objectives>

<https://www.ashp.org/-/media/assets/professional-development/residencies/docs/elective-competency-areas-goals-objectives-2014>

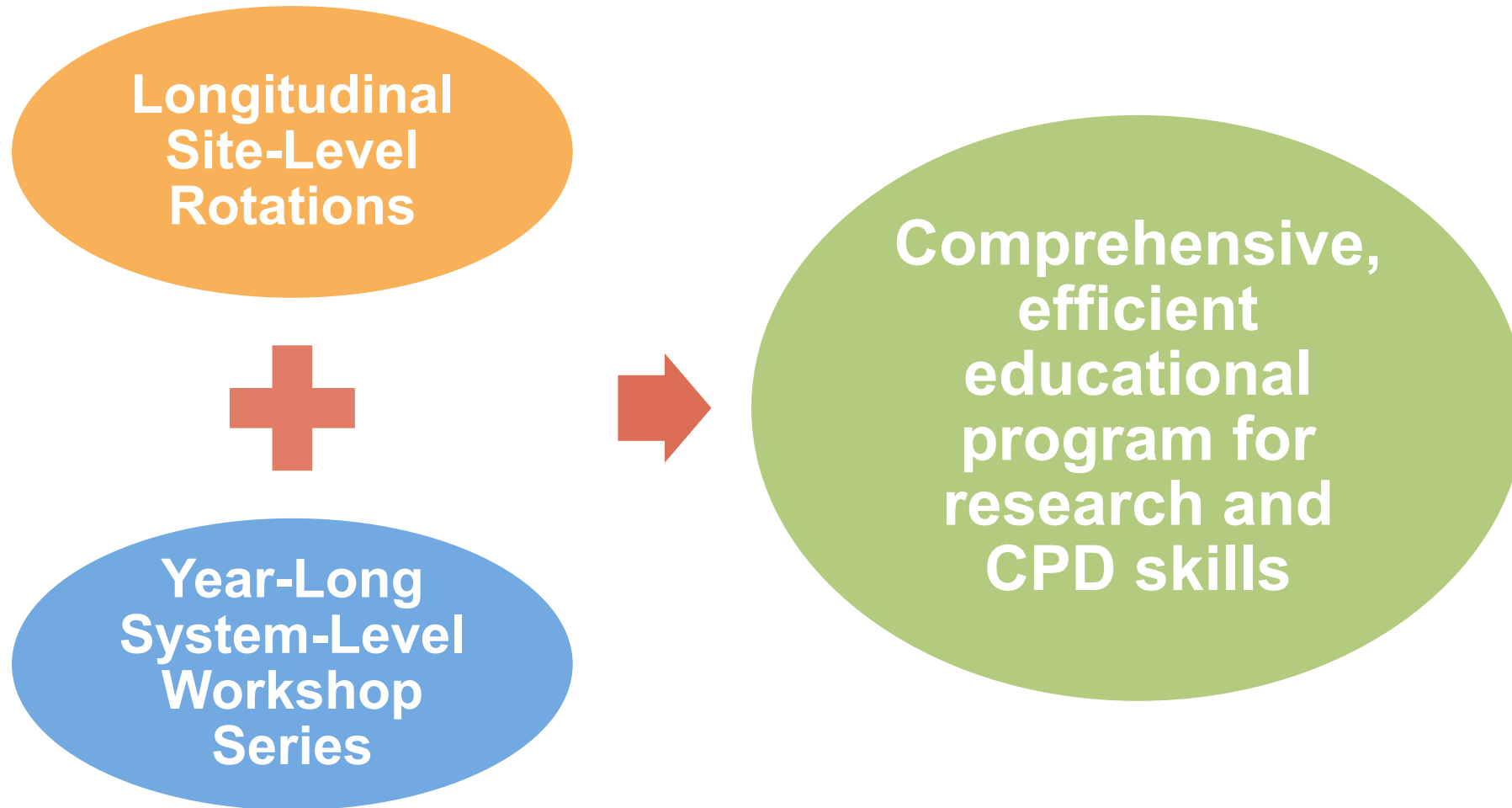
# Delicate Balance: Only So Much Time



# Long Term Benefit



# Current OhioHealth Pharmacy Resident Research and CPD Program Structure



CPD=Continuous Professional Development (CPD). Adapted from Hyland SJ and Musch KLE, J Am Coll Clin Pharm. 2023;6(2):186-196.

# Longitudinal Site-Level Experience

Research Rotation	
<b>Jul</b>	Orientation, topic selection, research question
<b>Aug</b>	Initial research proposal
<b>Sept</b>	Full IRB protocol
<b>Oct</b>	Submit protocol, write abstract
<b>Nov</b>	IRB approval, data report request/validation, make poster
<b>Dec</b>	Present poster, data collection

Research Rotation	
<b>Jan</b>	Compile and clean data, submit to stats
<b>Feb</b>	Receive analyses, write abstracts
<b>Mar</b>	Prepare podium and poster presentations
<b>Apr</b>	Present at external conference (podium)
<b>May</b>	Present poster internally, write manuscript
<b>Jun</b>	Finalize manuscript, dissemination phase, leave all data and materials prior to graduation

# Longitudinal Site-Level Experience

Professional Development Rotation	
Jul	Rotation Overview; Blooms Taxonomy, SMART Goals
Aug	Managing Expectations & Giving/Receiving Feedback
<b>Sept</b>	<b><i>State Society Pharmacy Professional Org Meeting</i></b>
Sept	Emotional Intelligence/Emotional Literacy
<b>Sept</b>	<b><i>System Development Workshop</i></b>
Oct	Death and Dying as a Health Care Practitioner
Nov	Clear Messages and Effective Communication
<b>Dec</b>	<b><i>National Pharmacy Professional Org Conference</i></b>
Dec	<b><i>System Development Workshop</i></b>
Dec	Midyear Feedback Session

Professional Development Rotation	
Jan	Decision Making
Feb	Implicit Bias
<b>Feb</b>	<b><i>State Society Pharmacy Professional Org Meeting</i></b>
Mar	5 Languages of Appreciation in the Workplace
Apr	Effective Delegation
Apr	<b><i>System Development Workshop</i></b>
May	Preceptor Roles and Managing Difficult Students
<b>May</b>	<b><i>Regional Residency Conference</i></b>
Jun	Continuing Professional Development
Jun	End of Year Feedback Session

Color notates session facilitator: White = Manager or Clinical Preceptor; **Green** = Professional Organization; **Yellow** = Feedback Session; **Gray** = System Workshop

Adapted from Hyland SJ and Musch KLE, J Am Coll Clin Pharm. 2023;6(2):186-196.

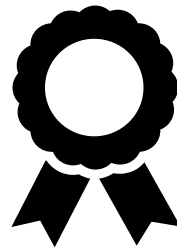


# System-Level Workshop Series

	Research	CPD/Other
<b>Summer</b>	<ul style="list-style-type: none"><li>▪ Orientation and regulatory trainings</li><li>▪ Study design and biostatistics</li><li>▪ Developing good research questions</li></ul>	<ul style="list-style-type: none"><li>▪ ACLS/Emergency response training</li></ul>
<b>Fall</b>	<ul style="list-style-type: none"><li>▪ Scientific abstract writing</li><li>▪ Developing and presenting scientific posters</li></ul>	<ul style="list-style-type: none"><li>▪ Personal branding</li><li>▪ CV design with review program</li><li>▪ Successful interviewing strategies</li></ul>
<b>Winter</b>	<ul style="list-style-type: none"><li>▪ Podium presentation development and delivery</li></ul>	<ul style="list-style-type: none"><li>▪ Career search and negotiation strategies</li><li>▪ Financial management for new practitioners</li></ul>
<b>Spring</b>	<ul style="list-style-type: none"><li>▪ Manuscript writing and publication primer</li></ul>	<ul style="list-style-type: none"><li>▪ Transitioning out of residency</li></ul>

# OhioHealth Pharmacy Resident Research – Program Outcomes

**Pharmacist Winners of  
Enterprise-Wide Research  
Competition**

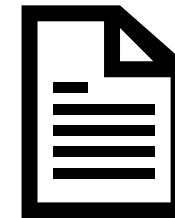


2014  
**9%**



2022  
**100%**

**Annual Pharmacist-Authored  
Publications from Health  
System**



2014  
**3**



2021  
**17**



# How did we get there?



# Barriers to Effectively Teaching Research and Development Skills in Residency Programs

# Polling Slide (Select All that Apply)

**Which challenge(s) do you currently face in teaching important research skills?**

- A. Limited available content experts
- B. Preceptor/leadership time constraints to facilitate
- C. Minimizing interruptions to rotations
- D. Physical space
- E. Quantity of residents to reach
- F. Leadership support

# Polling Slide (Select One)

**Which is currently your greatest challenge?**

- A. Limited available content experts
- B. Preceptor/leadership time constraints to facilitate
- C. Minimizing interruptions to rotations
- D. Physical space
- E. Quantity of residents to reach
- F. Leadership support

# Barriers at OhioHealth



One system, many sites, very different needs and capacities



Community health system – academic productivity not fostered or prioritized



Very few preceptors with research methodology expertise or publishing experience



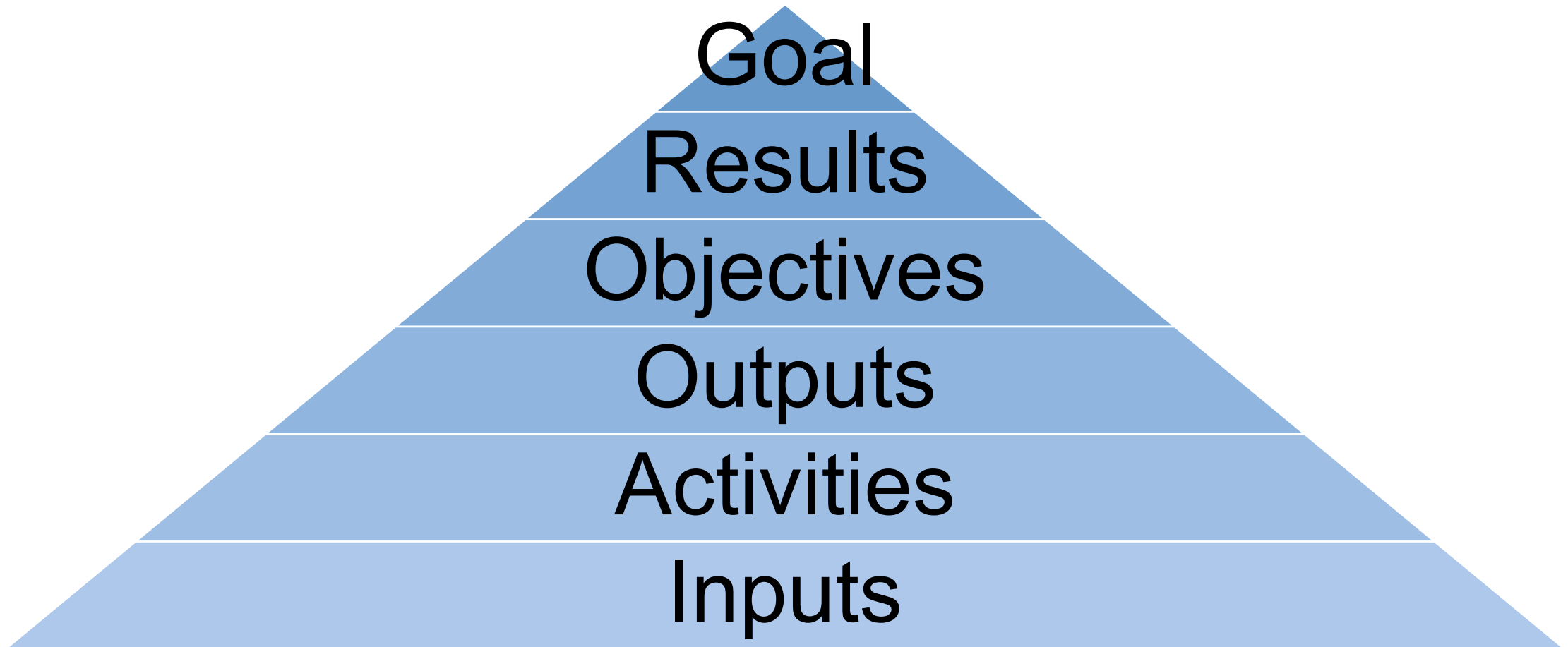
Getting to a shared vision – rotation preceptors, leadership seeing the value



Schedule coordination across programs, residents, facilitators, sites



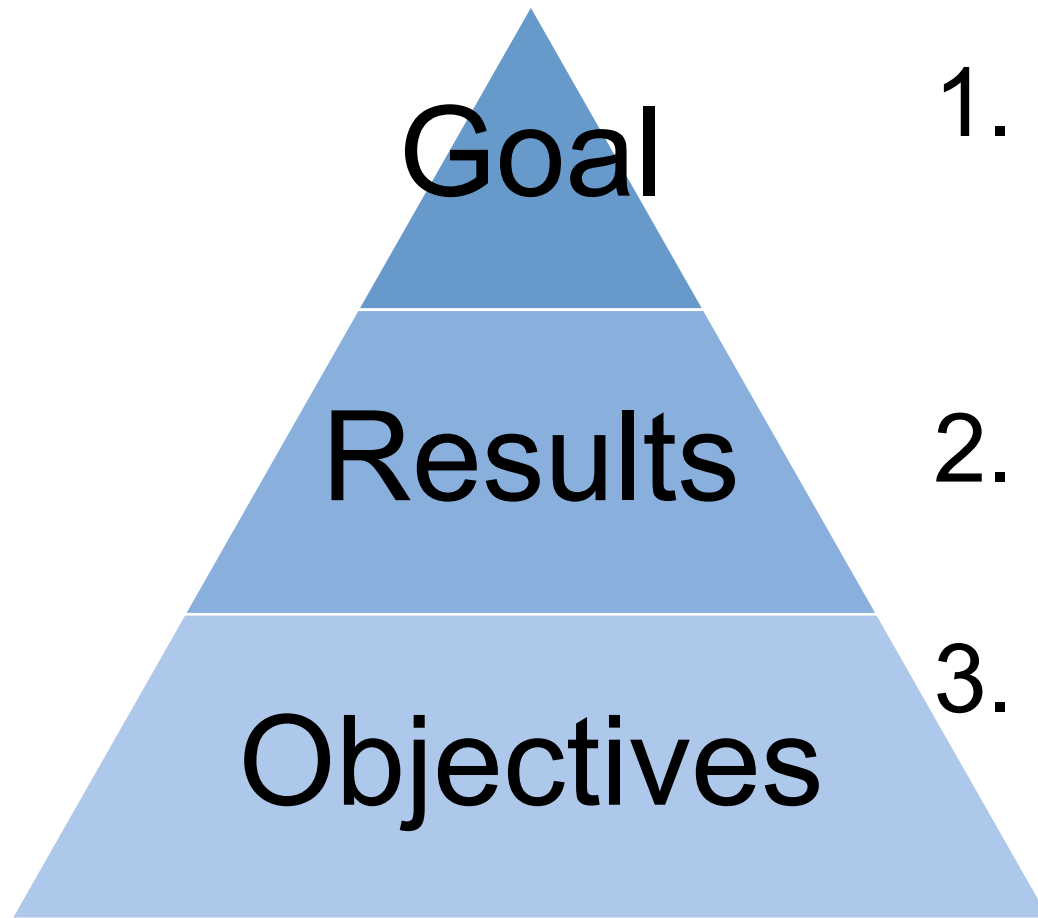
# Utilizing Program Theory and Building a Logic Model



Adapted from Hyland SJ and Musch KLE, J Am Coll Clin Pharm. 2023;6(2):186-196.; Davidoff F et al. BMJ Qual Saf. 2015;24:228–238.; Goeschel CA et al. Int J Qual Health Care. 2012;24:330-337.

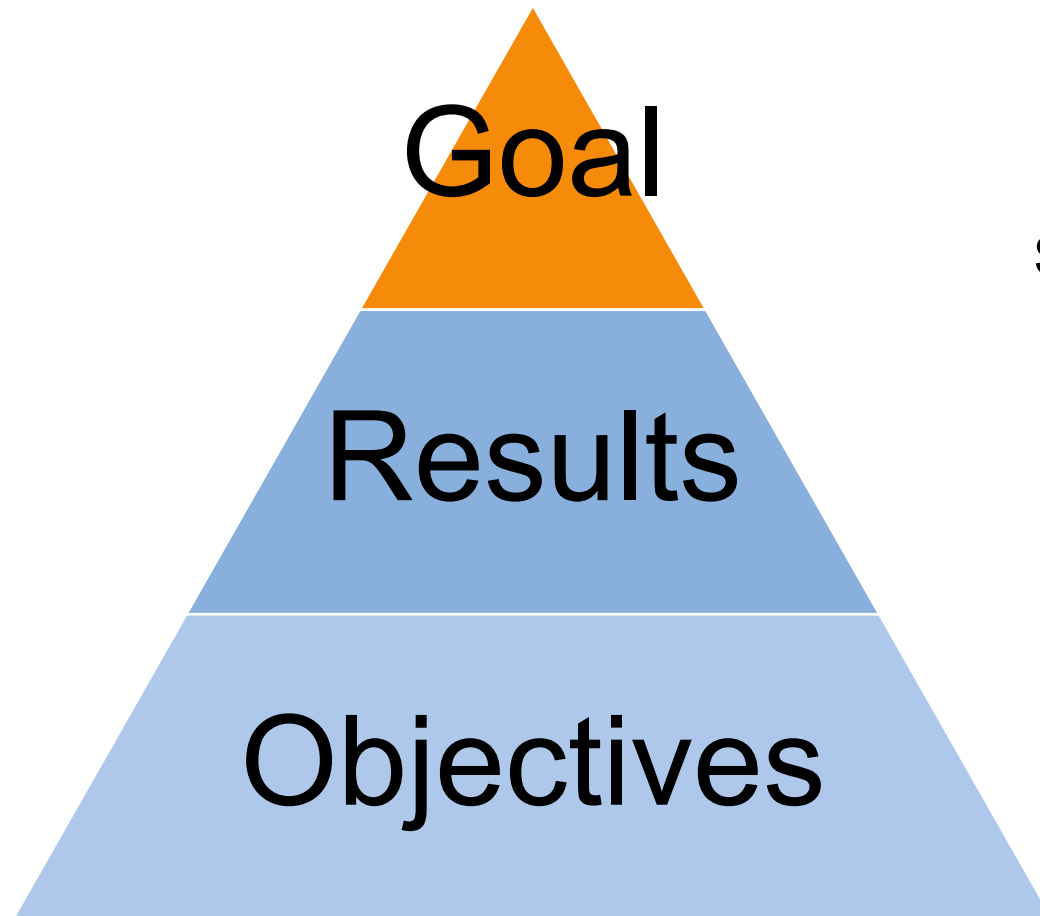


# Utilizing Program Theory and Building a Logic Model



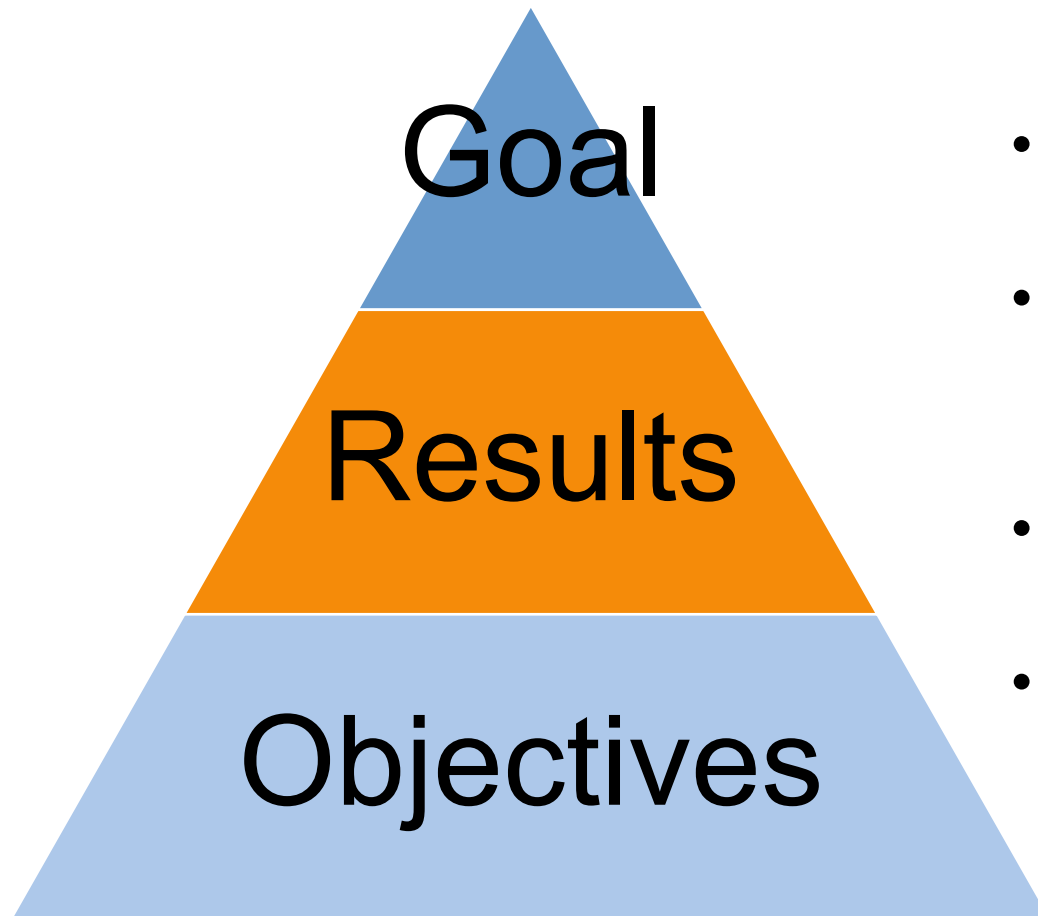
1. Desired long-term impact to which the program contributes
2. Desired measurable changes in outcomes
3. Measurable changes in behavior expected in response to the program

# OhioHealth Research and Development Program Logic Model



Pharmacists across the health-system engage in **scholarship and professional activities** throughout their careers, improving quality of patient care, contributing to collective knowledge generation, and training subsequent learners

# OhioHealth Research and Development Program Logic Model



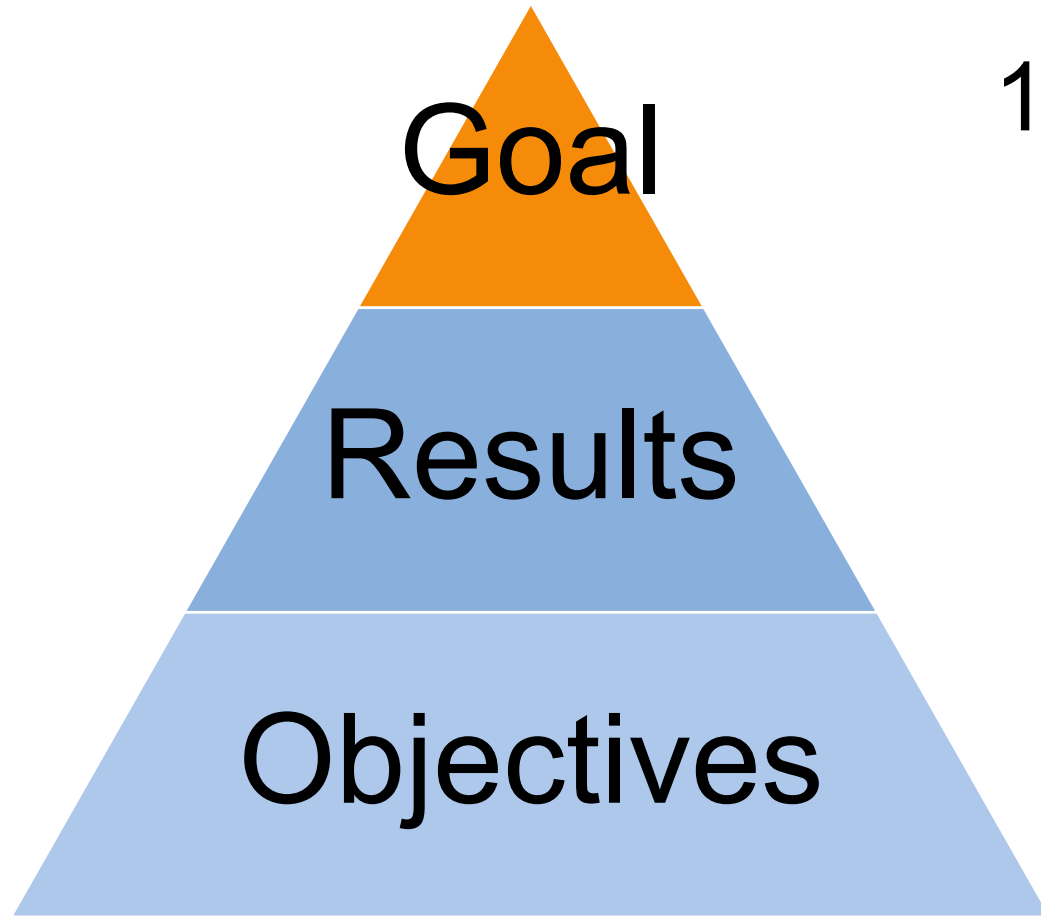
- Pharmacists complete quality research and QI projects
- Pharmacists present research and QI projects internally and outside the organization
- Pharmacists publish their research and QI projects
- Pharmacists effectively navigate job acquisition and promotion opportunities to achieve career goals

# OhioHealth Research and Development Program Logic Model



- Pharmacists value and desire to pursue scholarship in their careers
- Pharmacists possess the necessary skills and feel prepared to pursue research and QI
- Pharmacists pursue projects with intent to disseminate in addition to fulfilling internal needs
- Pharmacy and hospital leadership value and incentivize pharmacist research and QI work

# Utilizing Program Theory and Building a Logic Model – Your Turn



1. What is your desired long-term goal to which your research and/or development program contributes?

# Utilizing Program Theory and Building a Logic Model – Your Turn



2. What improvements do you want to see that will move your program toward the goal?

# Utilizing Program Theory and Building a Logic Model – Your Turn



3. What do you intend to do to get the results you want for the program?

# How do we achieve our objectives despite many barriers?





# **Rising to Challenges: Leveraging Resources to Achieve Success**



# Polling Slide (Select All that Apply)


**What resources exist today in your institution?**

- A. Research Institute / Office
- B. Pharmacy Informatics with reporting capacity
- C. Pharmacist with research methodology expertise
- D. Pharmacist who published research
- E. Centralized RAC for your system
- F. Centralized location to use for larger events
- G. Leadership Support

# Timing/Scheduling of Workshops

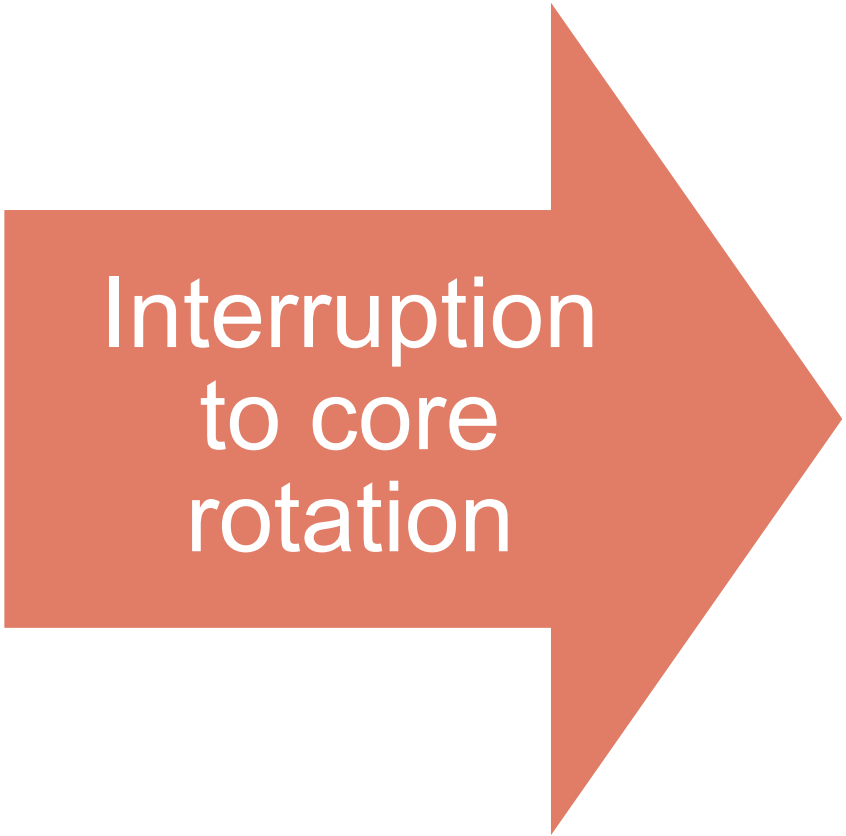


Timeliness



Aligned with  
program  
deadlines

# Timing/Scheduling of Workshops



Interruption  
to core  
rotation



Changed  
Workshop  
Dates

# Program Facilitators



Limited  
Expertise

Local  
Experts  
Centralized

# Program Facilitators



Increase  
Care Site  
Involvement



Call for co-  
facilitators

# Support for Programming

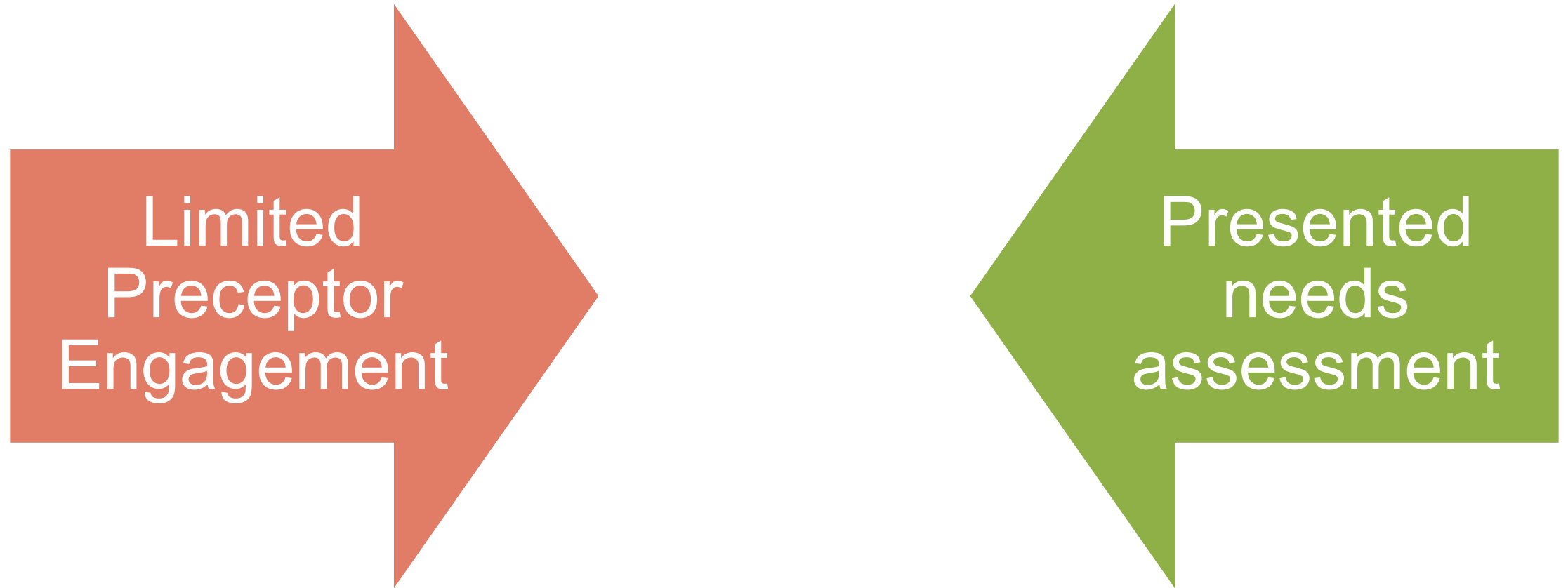


Limited  
Leader  
Engagement

The diagram consists of two large, stylized arrows pointing towards each other. The left arrow is orange and contains the text 'Limited Leader Engagement'. The right arrow is green and contains the text 'Presented gap analysis'. The arrows are positioned such that they appear to be converging towards a central point, suggesting a relationship or process between the two concepts.

Presented  
gap analysis

# Support for Programming

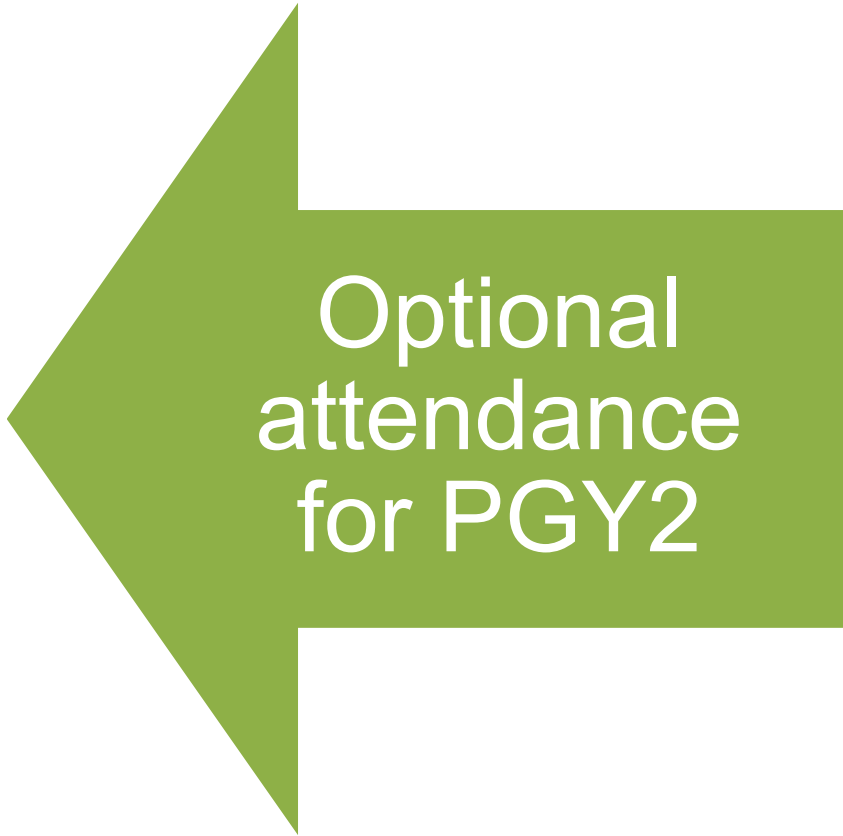




# Resident Needs of Programming

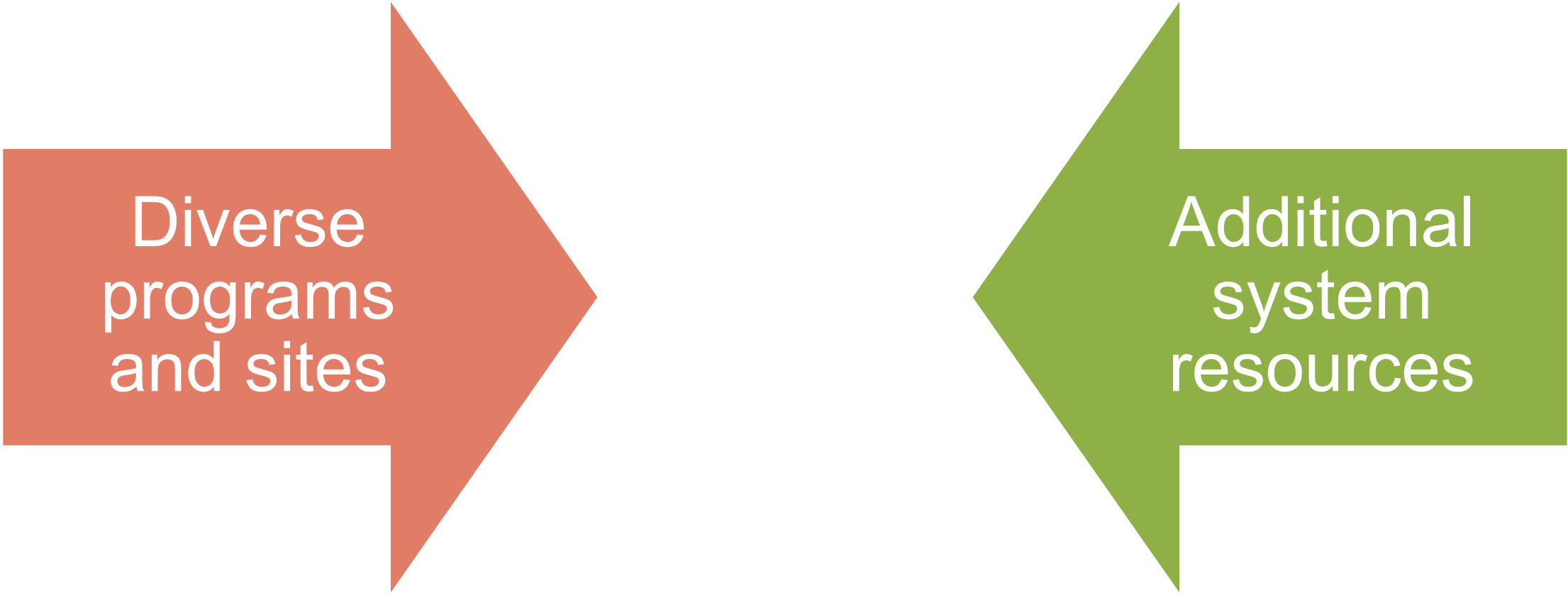


PGY1 vs  
PGY2



Optional  
attendance  
for PGY2

# Resident Needs of Programming



Diverse  
programs  
and sites

Additional  
system  
resources

# Platform for Delivering Programming

Geographic  
spread of  
Residents

The diagram consists of two large, stylized arrows pointing towards each other. The left arrow is orange and contains the text 'Geographic spread of Residents'. The right arrow is green and contains the text 'Centralized location'. The arrows are positioned such that they appear to converge towards a central point, suggesting a relationship or a platform that bridges these two concepts.

Centralized  
location

# Resident Needs of Programming

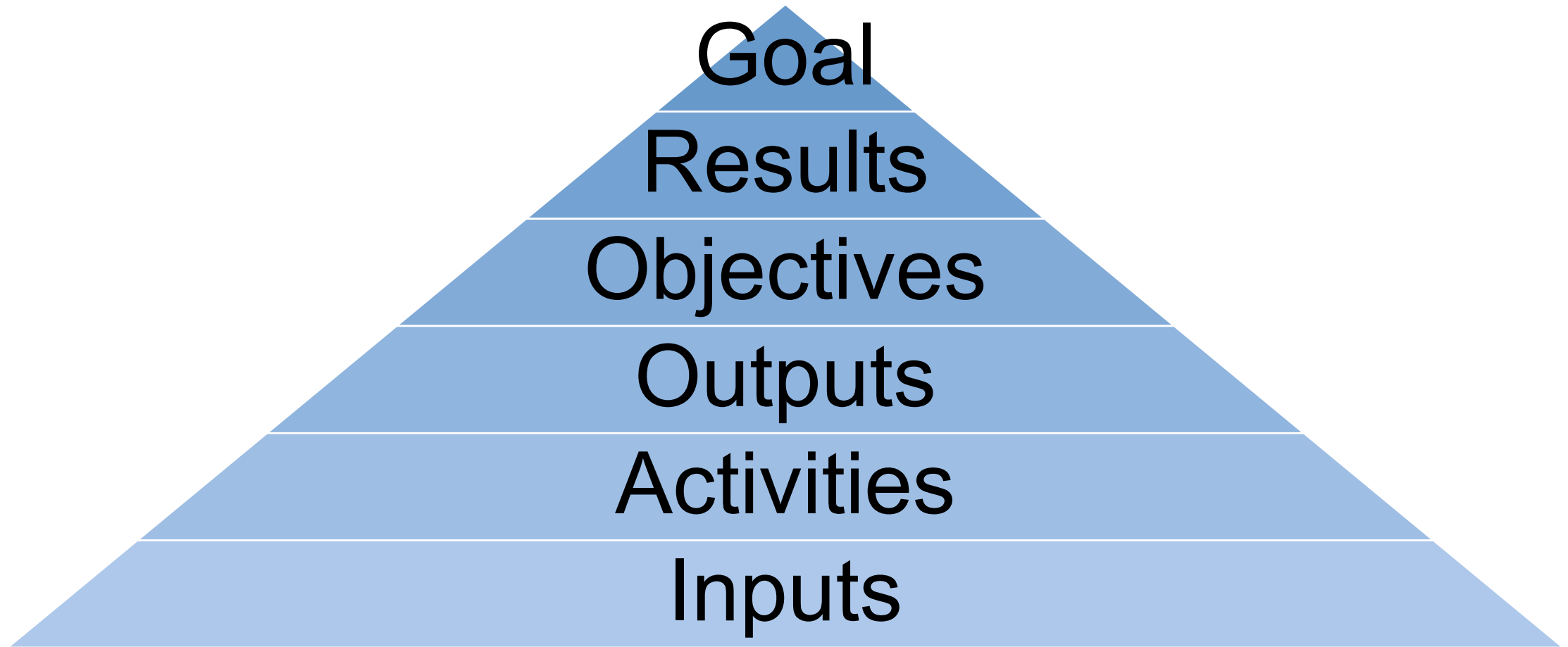


The diagram consists of two large, stylized arrows pointing towards each other. The left arrow is orange and contains the text 'New Virtual Environment'. The right arrow is green and contains the text 'Adapted objectives and programming'. The arrows are positioned such that they appear to be converging towards a central point, suggesting a relationship or adaptation between the two concepts.

New Virtual Environment

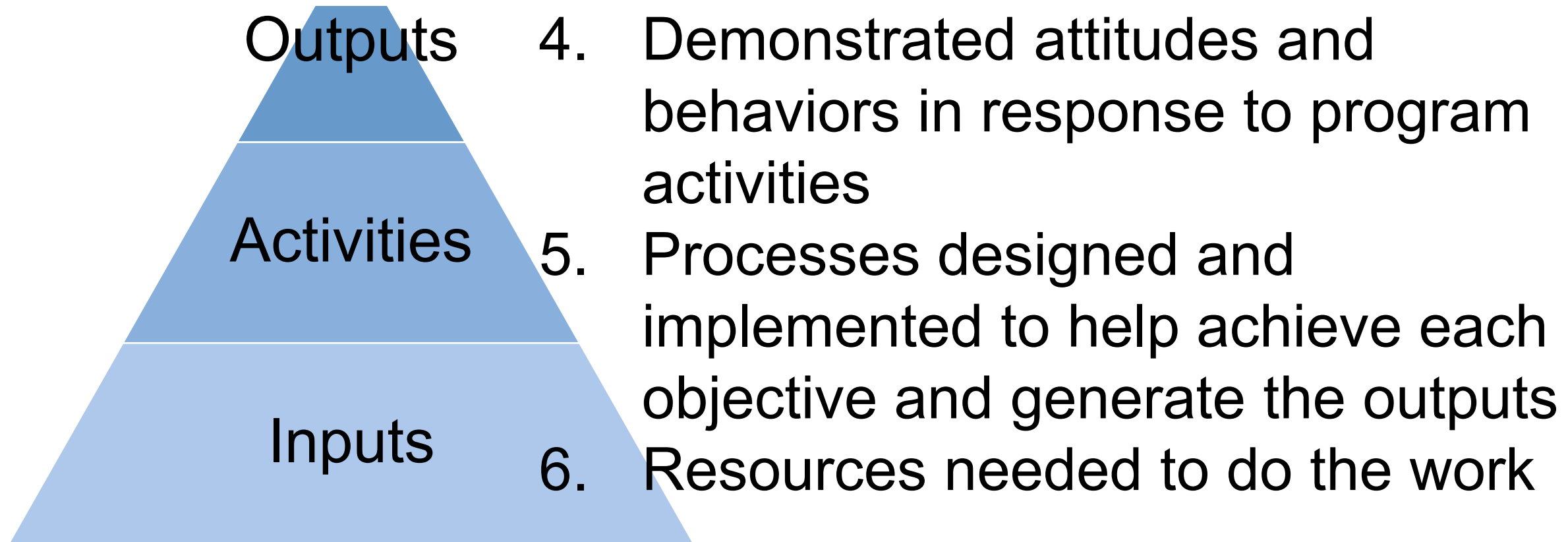
Adapted objectives and programming

# Continuing Our Logic Model

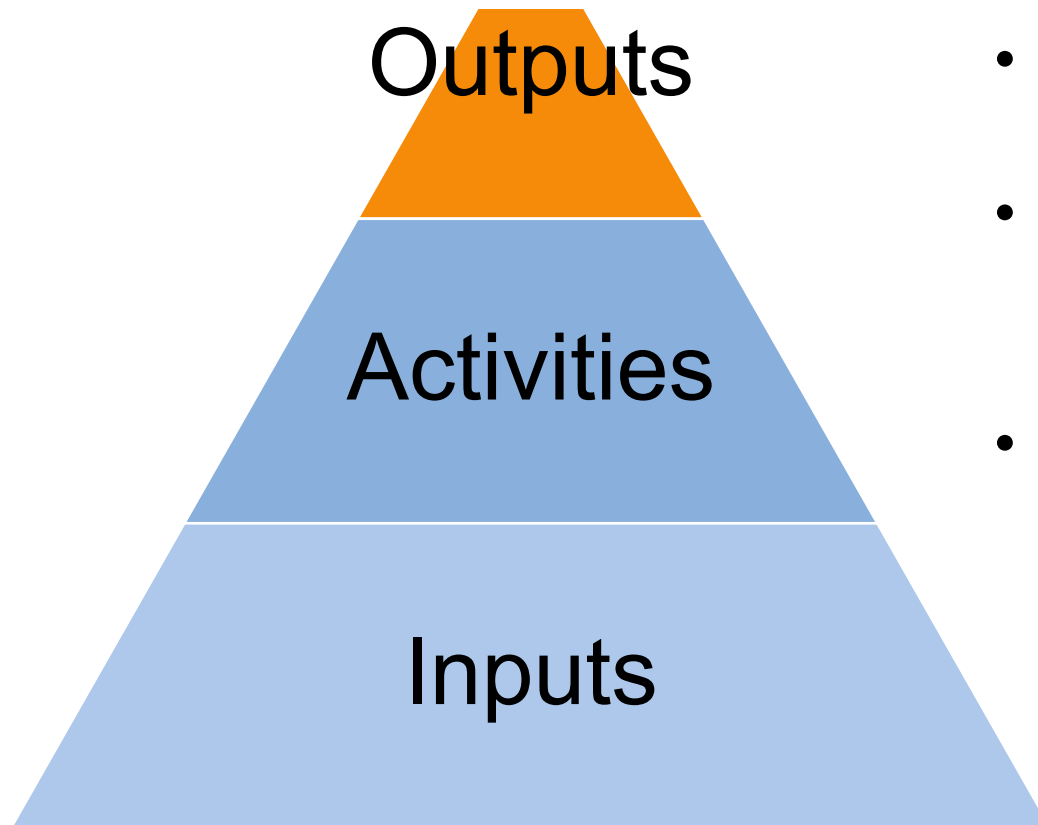


Adapted from Hyland SJ and Musch KLE, J Am Coll Clin Pharm. 2023;6(2):186-196.; Davidoff F et al. BMJ Qual Saf. 2015;24:228–238.; Goeschel CA et al. Int J Qual Health Care. 2012;24:330-337.

# Continuing Our Logic Model

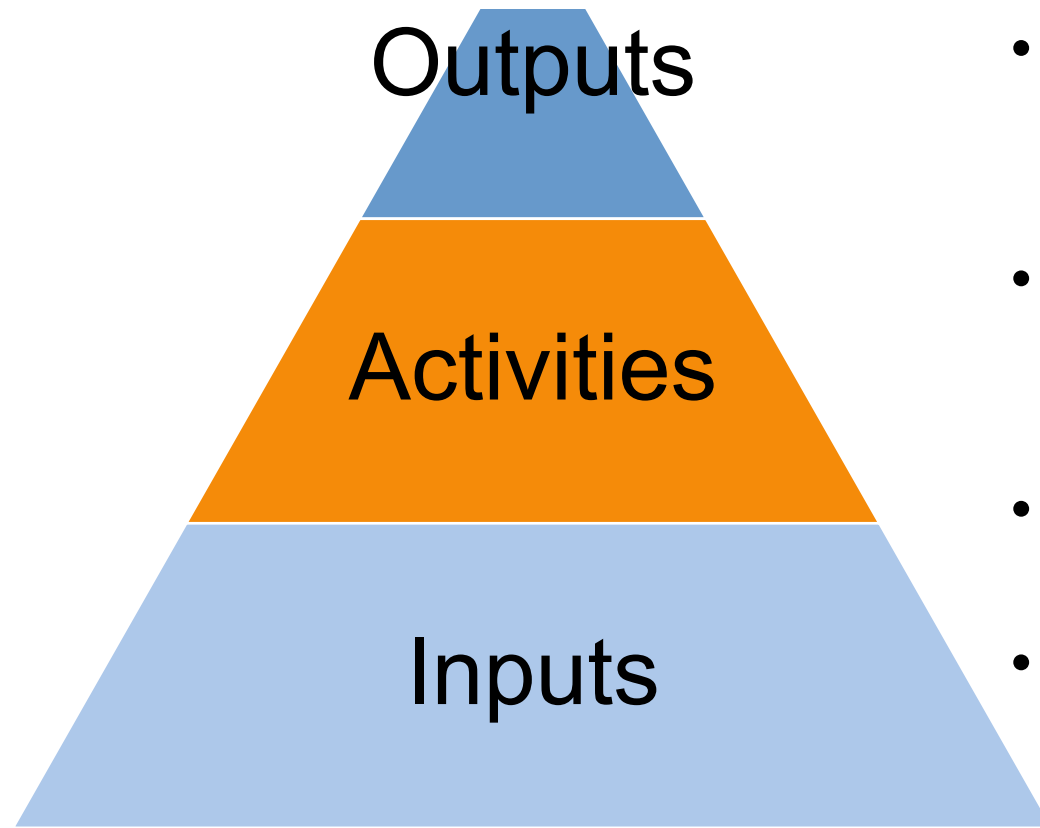


# OhioHealth Research and Development Program Logic Model



- Residents complete quarterly research and professional development workshops
- Residents complete 2 abstracts, 2 posters, 2 podium presentations, and a final written manuscript of their research/QI project
- Residents complete professional social media profile optimization, CV refinement, mock interviews and salary negotiations, and financial planning exercises

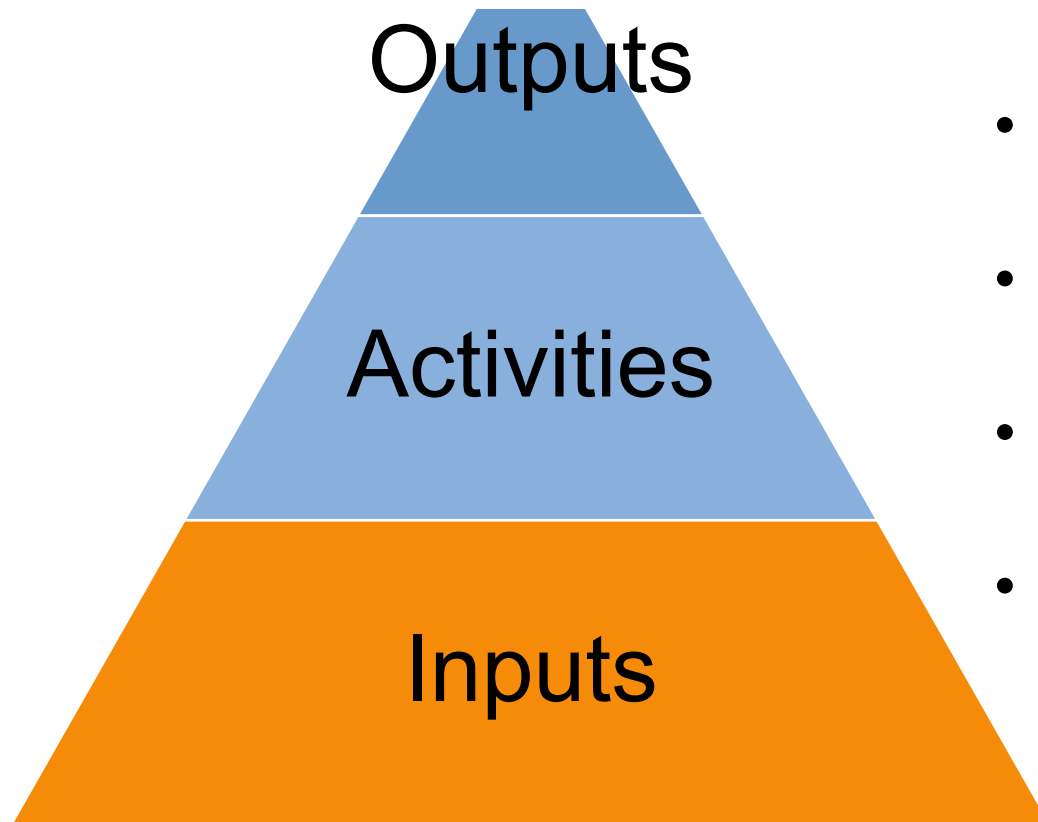
# OhioHealth Research and Development Program Logic Model



- Topic discussions on research fundamentals including study design, regulatory processes, and biostatistics
- Workshops on developing and delivering effective poster and podium presentations
- Scientific writing workshops and training on the publication process
- Training on personal branding, CV development, interviewing and financial skills

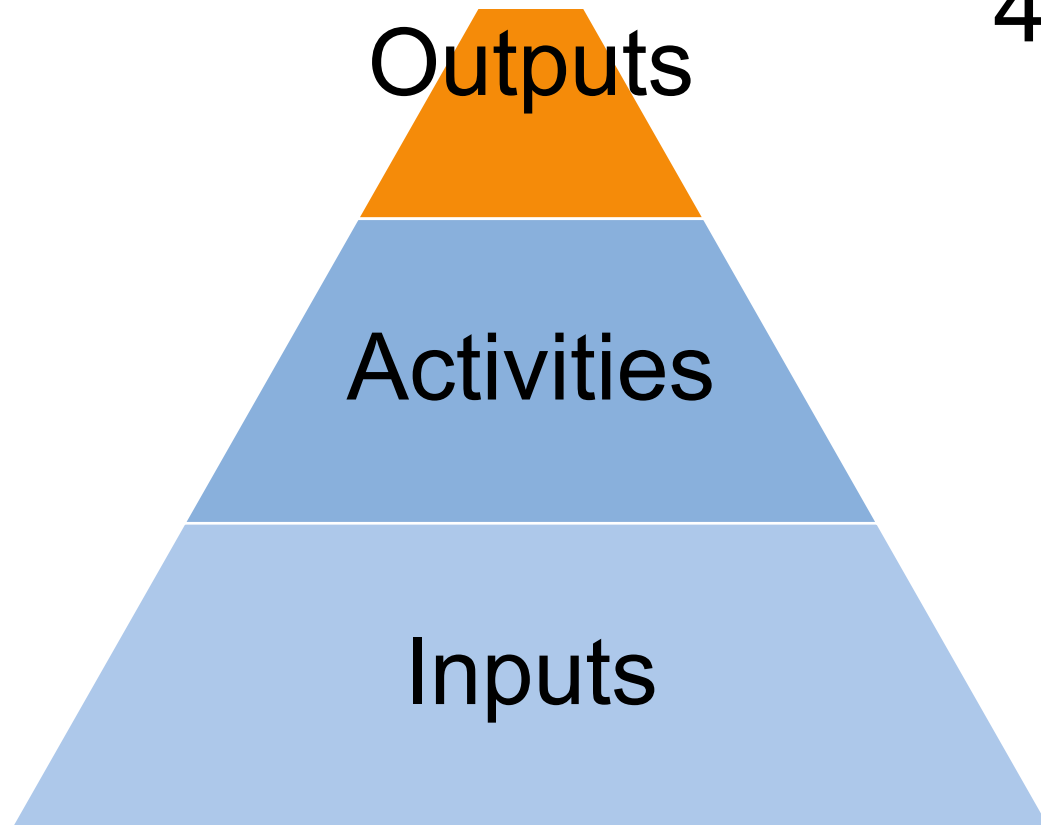


# OhioHealth Research and Development Program Logic Model



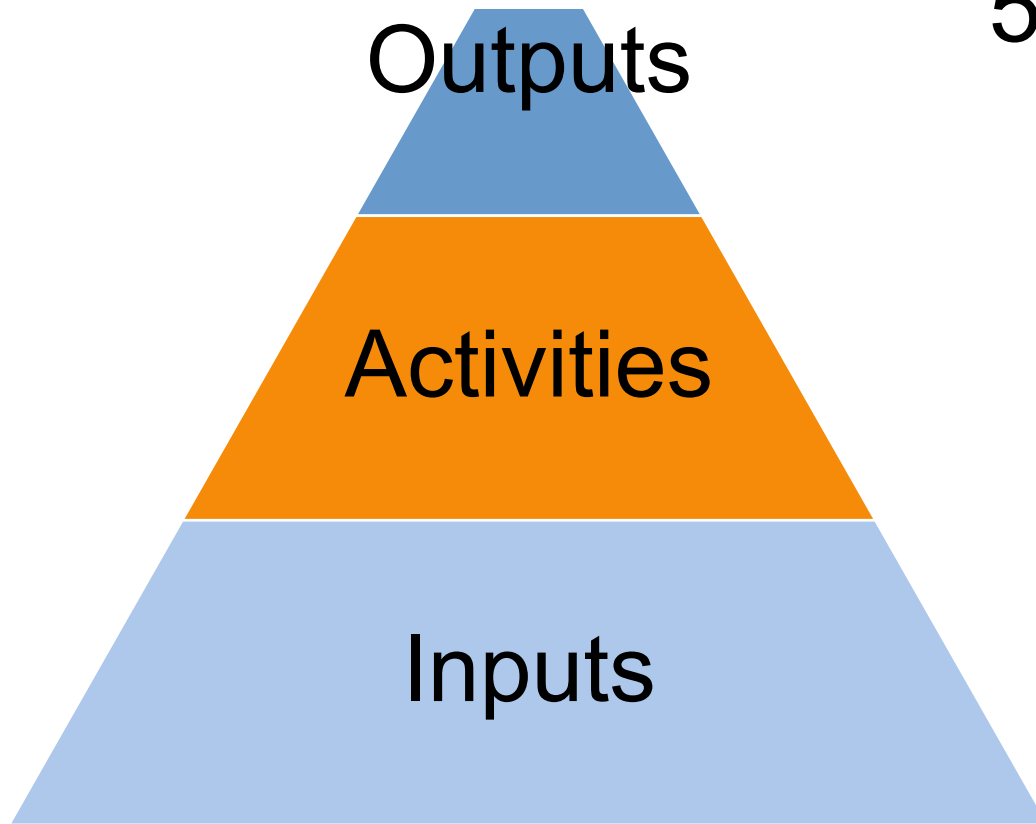
- Local pharmacist research and professional development expertise
- Time for facilitators to develop and execute programming
- Centralized meeting spaces for workshops
- Scheduled resident time to prepare for and participate in programming

# Continuing Our Logic Model – Your Turn



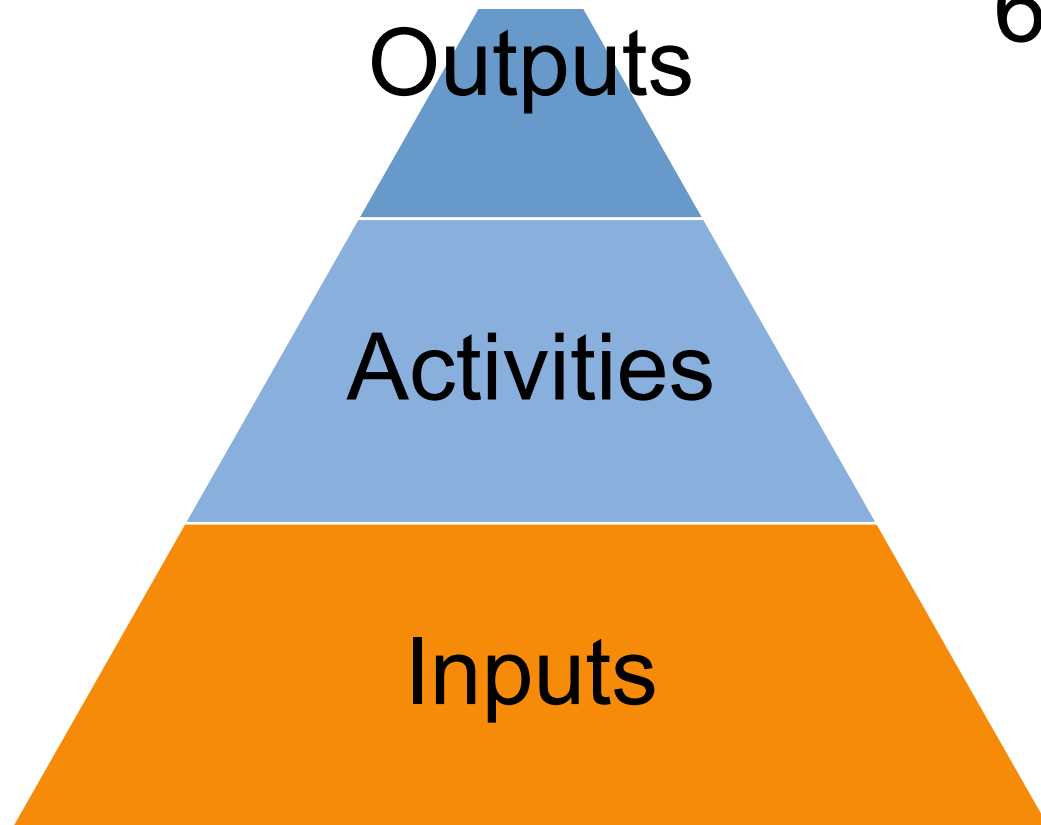
4. What process measures can you develop, or what demonstrated changes in behavior or attitudes do you want to see in response to your educational program?

# Continuing Our Logic Model – Your Turn



5. What processes can you design and implement to help achieve each objective and generate the outputs?

# Continuing Our Logic Model – Your Turn



6. What resources do you need to do the work?

# Recommendations

Align with  
organization  
mission

Clearly defined  
principles,  
outcomes, and  
assessments

Oversight  
committee

Integrate  
trainees into  
existing high-  
priority research

Solicit ideas in  
advance

Incentivize  
trainee  
participation

# Recommendations

Incentivize  
mentor  
participation

Structured  
timeline

Dedicated  
time for  
trainees

Education

Financial  
Support

Frequent  
assessment

# Recommendations – From the Community Health System Perspective

Resource local  
experts and  
centralize

System data  
and research  
resources

Leverage  
interprofessional  
relationships

Recurring  
project  
summaries

Lateralize to  
system-wide  
preceptor  
development

# Resources for Delivering Resident Research and CPD Programming

- OhioHealth Resources – see publication
  - Research and professional development workshop structure and topics
  - Research and professional development rotation components and monthly calendar
  - Itemized resident research project tracker (see supplement for download!)
- NPF / ASHP resources
  - [Research Resource Center \(ashp.org\)](https://www.ashp.org/research-resource-center)
  - [Research-Project-Tip-Sheet\\_Final.pdf \(ashp.org\)](#)
  - [Pharmacy Residents Resources \(ashp.org\)](https://www.ashp.org/pharmacy-residents-resources)
  - [New Practitioners Forum Resources - ASHP](#)



# Research Resource Center (ashp.org)

## Research Resource Center



### Before you Begin: Pharmacy Research Fundamentals

AJHP Research Fundamentals Series

ASHP Foundation Essentials of Practice Based Research for Pharmacists

Research Project Tip Sheet

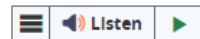
Building Upon Existing Evidence to Shape Future Research Endeavors [AJHP]

Research Timeline

# Pharmacy Residents Resources (ashp.org)



[Home](#) / [Pharmacy Practice](#) / [Resource Centers](#) / [Career Transitions](#) / [Pharmacy Residents Resources](#)



## Pharmacy Resident Resources

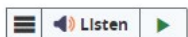
Explore rotation guides, project templates, transition tools and other resources to help you succeed as a pharmacy resident.

- [Residency Transition Guides](#)
- [Resident Rotation Guides](#)
- [Project Templates](#)
- [Research Resources](#)
- [Journal Club Tools](#)
- [HSPAL Resident Resources](#)
- [Layered Learning Model](#)
- [Get Involved](#)
- [Additional Resident Resources](#)

# New Practitioners Forum Resources - ASHP

## New Practitioner Forum

[Home](#) / [New Practitioner](#) / [New Practitioners Forum](#) / [New Practitioner Resources](#)



## New Practitioner Resources

Managed by the ASHP New Practitioners Forum, this page provides a wealth of tools and resources for practitioners within their first five years of pharmacy practice. Browse topics ranging from career transitions, leadership, precepting, advocacy, and more.

- Job Preparation
- Career Transitions
- Professional Development
- Pharmacy Practice Resources
- Leadership
- Precepting
- Mentoring
- Advocacy & Practice Advancement
- Personal Development & Well-Being
- Personal Financial Management
- Building Your Network



### Professional Development

[Board Certification Exam Study Guides](#) 🔒 →

[ASHP Board Certification Resources](#) →

[Continuing Professional Development Plan Worksheet.xlsx](#) →

[P5 – the Compound Interest Formula for Professional Development \[AJHP\]](#) ↗ →

[Writing a Personal Philosophy of Practice \[AJHP\]](#) ↗ →

[Using ASHP Fellowship Criteria as a Template for Continuous Professional Development \[AJHP\]](#) ↗ →

[Contribute to the New Practitioner Column in AJHP](#) 🔒 →

[Tips for Serving as a Peer Reviewer.pdf](#) →

[ASHP eLearning: On-demand webinars](#) ↗ →

[Professional Certificate Programs](#) →

[Get involved with the New Practitioners Forum](#) →



# Key Takeaways

- 1 Research and professional development programming is valuable and desired
- 2 Numerous barriers exist to delivering research and development training
- 3 A systematic approach can be applied to educational program development
- 4 Leveraging available resources is key to success and sustainability