

## Draft 2025 ASHP Guidelines on Pharmacist Involvement in HIV Care

### Background and Purpose

Over the past four decades since the first human immunodeficiency virus (HIV) cases were reported in the United States in 1981, both HIV treatment and the role of pharmacists in managing the condition have seen remarkable advancements. What was once a fatal diagnosis has now become a chronic, manageable condition, thanks to the development of modern antiretroviral therapy (ART). This progress has significantly improved life expectancy for people with HIV (PWH), who now face fewer hospitalizations for HIV-related complications and can often manage their condition in outpatient settings.<sup>1-3</sup>

As the landscape of HIV treatment evolves, so has the involvement of pharmacists. Their roles have expanded beyond traditional boundaries, encompassing vital aspects of HIV prevention, treatment, and patient support. Pharmacists in community and long-term care settings are providing expanded care for PWH reflecting the changing demographics and needs of this patient population.<sup>4-5</sup> While the core principles of ART have remained stable, there have been significant therapeutic advancements, including new options for biomedical HIV prevention and the introduction of long-acting ART formulations.<sup>6</sup> Despite the fact that many pharmacists may not have received extensive training in HIV care, they are now expected to distinguish between antiretrovirals used for prevention and treatment and to deliver personalized care to individuals on ART, regardless of the setting.

Despite the therapeutic advancements, several gaps in HIV management persist, including challenges in retention in care, adherence to ART, and the need for better integration of services. Compounding these issues is the dwindling HIV workforce, characterized by an aging population of HIV-trained healthcare providers and high levels of burnout, which was amplified during the COVID-19 pandemic. These developments underscore the critical role pharmacists hold in the continuum of HIV care and highlight their potential to significantly impact patient outcomes and contribute to the ongoing efforts to manage and ultimately end the HIV epidemic.<sup>7-9</sup> The Ending the HIV Epidemic (EHE) focuses on reducing HIV diagnoses through four key strategies: diagnose, treat, prevent, and respond.<sup>10</sup>

Pharmacy practice in the United States is diverse, encompassing various roles and settings that reflect the dynamic nature of healthcare. Pharmacists have made essential contributions via direct patient care, research, regulatory oversight, and work in community, hospital, ambulatory care, specialty, regulatory, and academic settings. By fully integrating pharmacists into HIV care teams, expanding their roles, and addressing existing barriers, pharmacists can harness their potential to drive significant progress in the fight against HIV. Pharmacists are expected to take on more responsibilities in primary care, by managing chronic conditions, providing preventive care, and supporting mental health. This shift is largely due to the increasing need for accessible healthcare providers.

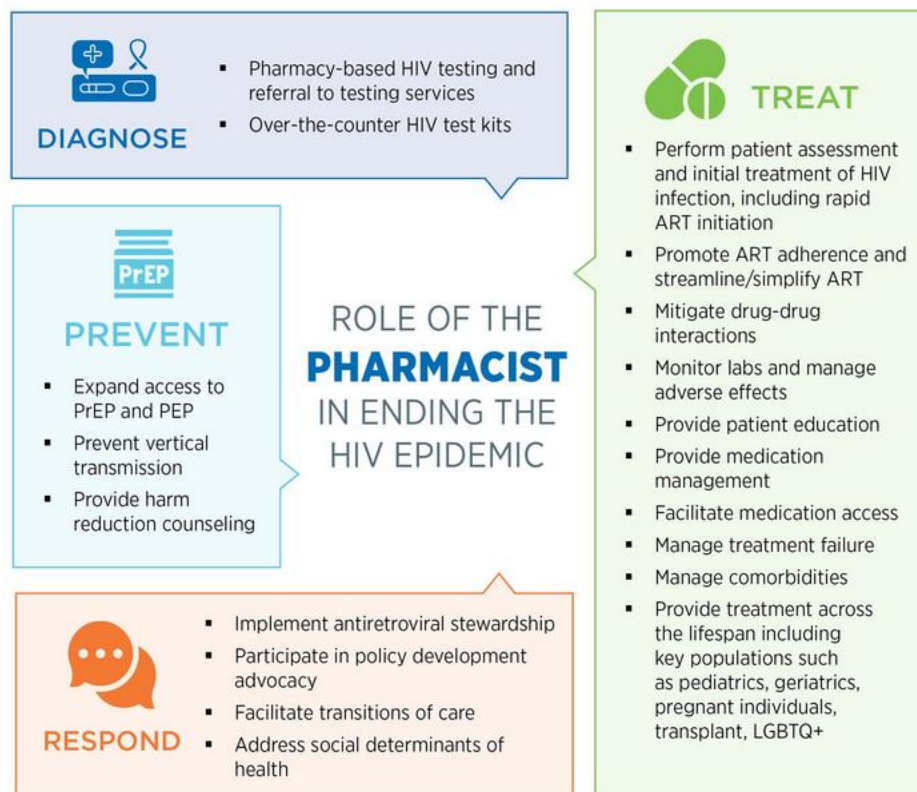
As therapies become more complex, pharmacists' expertise in pharmacotherapy will be crucial. The integration of digital health tools, such as point-of-care diagnostics, digital therapeutics, and health apps will become more common. Pharmacists can help patients set up and interpret data from these tools, enhancing personalized care. They will also play a larger role in population health management by using analytics to identify health improvement opportunities, developing clinical decision support algorithms, and designing programs to improve community health. The use of telehealth is expected to grow, allowing pharmacists to provide services remotely, which can improve access to care, especially in rural and underserved areas.<sup>11</sup> Artificial intelligence (AI) and automation will streamline many pharmacy tasks, such as medication dispensing and inventory management, while identifying patients who need prescription refills. This will allow pharmacists to focus more on patient care.<sup>12-13</sup> Additionally, pharmacists will be integral to the development and implementation of personalized medicine, tailoring treatments based on individual genetic profiles and other personal health data.<sup>14</sup> These trends highlight the expanding role of pharmacists in healthcare and their potential to significantly impact patient outcomes and public health.

The role of pharmacists extends beyond individual patient interactions to encompass collaborative care with other healthcare providers. Pharmacists are recognized as important members of interprofessional team-based care for PWH.<sup>15</sup> They work closely with physicians, case managers, and other specialists to ensure comprehensive and coordinated care for PWH. This interdisciplinary approach is vital for connecting or reconnecting patients to primary HIV care and other specialized services. Inpatient pharmacist models in HIV care vary across different healthcare settings. In some institutions, there are dedicated inpatient HIV pharmacists who are directly involved in antiretroviral stewardship programs (ARVSPs), inpatient HIV-focused consultation teams or services, and transitions of care processes. Inpatient ARVSPs and consultation can be fulfilled by various types of pharmacists, including clinical pharmacists, infectious diseases trained pharmacists, or ambulatory care HIV pharmacists within the same health system. The model, resources allocated, and percentage of time spent varies depending on the institution's specific needs, health-system size, volume of PWH, and other factors. Pharmacists' involvement in follow-up on clinical outcomes ensures that treatment plans are effective and adjusted as needed, fostering a comprehensive approach to patient care.<sup>16</sup>

In 2016, ASHP issued a statement detailing the pharmacist's role in caring for patients with HIV.<sup>16</sup> The current guidelines build upon that foundation, offering expanded guidance for pharmacists involved in HIV care. These guidelines aim to illustrate how pharmacists can effectively contribute to the care of PWH, particularly in their authority to furnish HIV pre-exposure prophylaxis (PrEP), simplify ART regimens, participate in ARVSPs and transitions of care, support the treatment and management of PWH across their lifespan, address the reimbursement landscape for pharmacy-driven clinical services, and identify areas for further research and expansion of pharmacy-based services in treatment and prevention. Furthermore, the current guidelines emphasize the critical importance of interdisciplinary collaboration to achieve optimal patient outcomes.<sup>16</sup>

These guidelines can be used to establish or enhance pharmacists' services in HIV care and can provide guidance for traditional pharmacist roles and identify new, emerging areas of pharmacy innovation to meet the evolving challenges of the HIV epidemic in the United States. Modeled after EHE's four key strategies, these guidelines expand on the pharmacist's role in HIV prevention, treatment, and management for PWH; advocate for both patients and the pharmacy profession; and highlight opportunities for pharmacist-led research (see Figure 1).

**Figure 1. Pharmacist's Involvement in HIV Prevention and Management**



## Testing for HIV

The need for expanded HIV testing in the United States is demonstrated by the fact that 13% of individuals with HIV in the country are unaware of their diagnosis and may, therefore, present an increased risk of transmission to others.<sup>17</sup> Recommendations from both the Centers for Disease Control and Prevention (CDC) and the U.S. Preventive Services Task Force (USPSTF) stress the importance of routine “opt-out” HIV testing for adults in all healthcare settings, which recommends patients are informed about and undergo testing for HIV unless they specifically decline.<sup>18-19</sup> Ubiquity, flexible hours, and a non-stigmatizing environment make pharmacies ideal locations for HIV testing. Pharmacists, as advocates for public health, are involved with HIV testing initiatives by recommending HIV testing, providing and/or counseling on HIV tests, and linking individuals to status neutral HIV treatment and prevention services. Status neutral

approaches incorporate both PWH and people at risk, using the same approach for care engagement, regardless of one's HIV status.<sup>20</sup>

HIV testing may not be easily within reach for people with limited access to healthcare. Ambulatory and community pharmacists address this issue and improve patient access to HIV testing by offering onsite rapid HIV testing and counseling services, thus increasing rates of HIV testing for populations most affected by HIV and for people who have not previously been tested for HIV.<sup>21-23</sup> These screening services are provided in both urban and rural settings, retail chain pharmacies, specialty pharmacies, independent community pharmacies, chain retail clinics, and ambulatory care clinics, and are often offered as walk-in services outside of traditional business hours—such as at night or on weekends. Pharmacists in community and outpatient settings perform point-of-care HIV tests, provide pretest and posttest patient counseling, counsel patients with a positive result about confirmatory testing, complete personalized risk mitigation counseling and education, and facilitate linkage to care. Some pharmacy-based HIV testing programs even combine point-of-care HIV testing with testing for hepatitis C virus (HCV) or with provision of HIV PrEP and post-exposure prophylaxis (PEP).<sup>24-26</sup> Successful pharmacist-led HIV testing initiatives foster collaborations with state and local departments of health, community-based organizations, and local health clinics to ensure confirmatory bloodwork and subsequent treatment or assessment for PrEP, PEP, or substance use disorder.

Three basic models for HIV testing in pharmacies include a stand-alone pharmacy model where pharmacies develop and operate their own HIV testing programs; a collaborative model in which testing is conducted by pharmacists through partnerships with local or state health departments, community-based organizations, or clinics; and the pharmacy venue-based testing model where HIV testing is conducted by outside entities (e.g., health department or community-based organization staff) in a pharmacy setting.<sup>8</sup> Testing alone does not improve outcomes unless individuals who obtain reactive (i.e., positive) results are linked with confirmatory testing and follow-up care. To prevent breaks in the HIV care continuum, referral procedures must be in place to link patients to HIV prevention, care, and treatment services depending on the test result. Pharmacies must have valid Clinical Laboratory Improvements Amendment (CLIA) Certificates of Waiver and adhere to CLIA regulations to serve as testing sites. Additional pharmacy considerations include infrastructure for private counseling and testing, appropriate pharmacy staff training, and adequate pharmacy staffing.

Expanding HIV testing to pharmacies serves to eliminate barriers and reduce stigma by providing convenient and widely available access to testing. Interest in pharmacy-based HIV testing initiatives has been documented from the perspectives of both pharmacy staff and patients.<sup>27-30</sup> The readiness of pharmacies to provide these services provides a benefit to both urban and rural communities and to hard-to-reach populations not integrated into the formal healthcare system.

HIV testing and early HIV diagnoses improve access to HIV treatment that prolongs life, preserves health, and prevents transmission to others. The CDC and Department of Human Health Services (HHS) maintain websites that list updated HIV testing recommendations, high risk behaviors, and

common symptoms of early HIV infection (<https://www.hiv.gov/> and <https://www.cdc.gov/hiv/>, respectively). CDC maintains a list of free HIV, STI, and viral hepatitis community testing sites ([gettested.cdc.gov/](https://gettested.cdc.gov/) or 800-232-4636). Pharmacists in all settings can support routine HIV testing and identify sites for confirmatory testing and linkage to care.

HIV testing in pharmacies has proven to be cost-effective.<sup>30-31</sup> Point-of-care HIV tests used in pharmacies are often less expensive than traditional laboratory tests, making them a more affordable option. Pharmacist-conducted testing also offers enhanced linkage to care when compared with over-the-counter self-tests. Testing in pharmacies can also lead to an earlier diagnosis, allowing for timely initiation of treatment and reducing the risk of further transmission. This early intervention can significantly lower long-term healthcare costs associated with HIV complications. Pharmacies offer a convenient and accessible location for individuals to get tested, potentially reducing healthcare costs associated with missed appointments or transportation in traditional clinic-based settings.

Several pharmacy schools in the United States have recognized the role of the pharmacist in HIV testing and have incorporated HIV point-of-care counseling and testing training programs into their curricula.<sup>32-34</sup> These programs provide students with comprehensive training on performing HIV point-of-care testing, analyzing results, risk assessment and mitigation, and appropriate patient communication strategies. By integrating these trainings, pharmacy schools are preparing the next generation of pharmacists with the necessary skills and knowledge to provide HIV point-of-care testing.

Normalizing HIV testing through programs such as pharmacist-led testing may help expand access to the service and provide new opportunities to improve the health of the community. However, the current reimbursement structure for pharmacists does not support the time or financial incentives needed to launch widespread pharmacist-led HIV testing. Although pharmacy-based HIV testing removes many accessibility barriers, uncertainty around reimbursement needs to be addressed for this model to become an effective contributor to nationwide screening initiatives. One of the biggest challenges is the lack of framework for pharmacist reimbursement for HIV testing and counseling in an already time-limited practice setting. Regulatory inclusion of pharmacists as “health care providers” also varies from state-to-state and impacts potential compensation for health counseling and screening.

## Prevention of HIV

Among the four main strategies to end the HIV epidemic is a focus on preventing HIV transmission using evidence-based interventions including PrEP and PEP antiretrovirals. The landscape of HIV PrEP uptake in the United States has seen remarkable progress in recent years. As of 2022, approximately 36% of the 1.2 million people who could benefit from PrEP have been prescribed it. This marks a notable increase from 23% in 2019.<sup>35</sup>

Despite this progress, disparities in PrEP uptake persist. For instance, while 64% of White individuals who could benefit from PrEP have been prescribed it, only 14% of Black and 18% of Hispanic/Latino individuals have received prescriptions. Additionally, 92% of males who could benefit from PrEP were prescribed it, compared to only 8% of females.<sup>35-37</sup> These disparities highlight the need for targeted efforts to ensure fair access to PrEP across all communities.<sup>37</sup> Furthermore, PrEP uptake varies significantly across different regions and communities in the United States. For example, urban areas tend to have higher uptake rates compared to rural areas.<sup>36</sup>

Low PrEP uptake is also observed among people who inject drugs. An analysis of commercial insurance claims from 2010 to 2019 indicated that among individuals likely engaged in injection drug use, fewer than 1 in 500 had pharmacy claims for PrEP.<sup>38</sup> It is important that PrEP be consistently offered alongside treatment for substance use disorder, as well as other harm reduction and HIV prevention services for this patient population. There are currently four antiretroviral medications approved for PrEP: two in pill form for daily use (i.e., tenofovir disoproxil fumarate/emtricitabine and tenofovir alafenamide/emtricitabine) and two as long-acting injections (LAI) administered bi-monthly and every six months (cabotegravir and lenacapavir, respectively).<sup>39</sup> Clinical trials are in progress to evaluate the efficacy of longer duration and exposure to LAI-PrEP medications to provide more options with the goal of increasing PrEP adoption and uptake among individuals at highest risk of acquiring HIV infection.

The ongoing challenges in PrEP uptake underscore the need for targeted interventions that improve access and use of PrEP as part of comprehensive HIV prevention strategies. To effectively reduce new HIV diagnoses, programs must focus on enhancing PrEP uptake in highly impacted communities with low use rates relative to their epidemic needs. For example, HIV diagnoses in the Southern regions account for approximately 53% of all diagnoses in the United States.<sup>36, 40</sup>

### *Pharmacist-Initiated PrEP and PEP*

The latest guidelines for HIV PrEP in the United States underscore a comprehensive approach to HIV prevention. Pharmacists are pivotal in expanding access to HIV PrEP and PEP in their communities. Community pharmacies serve as accessible points for PrEP and PEP services, particularly for patients facing barriers to traditional healthcare settings. In fact, pharmacies are often more accessible than traditional healthcare settings, with many located within five miles of most Americans and offering extended hours, including evenings and weekends. This accessibility makes it easier for individuals to obtain PrEP without the need for appointments or long wait times, particularly benefiting those in rural or underserved areas. Moreover, pharmacies provide a non-stigmatizing environment for individuals seeking PrEP. This is particularly important for populations that may face discrimination or stigma in other healthcare settings, such as men who have sex with men (MSM), transgender individuals, and people who inject drugs.<sup>41</sup> Pharmacists



can offer a more discreet and comfortable setting for discussing and accessing HIV prevention services.

In some states, pharmacists have expanded prescriptive authority to initiate PrEP and PEP under various frameworks. These include standing orders issued by healthcare providers or public health authorities, statewide protocols allowing independent prescription, and direct statutory authority. Collaborative practice agreements (CPAs) further enable pharmacists to manage and initiate PrEP and PEP regimens in collaboration with other healthcare providers.<sup>42-46</sup> They typically allow pharmacists to perform tasks such as therapy initiation, chronic care management, refill authorization, and formulary management. CPAs enhance patient access to HIV prevention, especially in underserved areas, by leveraging pharmacists' expertise in medication management. Pharmacist involvement can improve patient outcomes, increase cost-efficiency, and reduce the workload on other healthcare providers. These agreements delineate the scope of services pharmacists can provide, such as initiating, modifying, and discontinuing medication therapy.<sup>47-</sup>

<sup>49</sup>

Various legislative frameworks allow pharmacists to have an active role in HIV prevention, from initial assessment and therapy initiation to ongoing monitoring and support. Several pharmacy programs across the United States have successfully expanded access to HIV PrEP and PEP.<sup>46</sup> Notable examples are discussed below:

- California's Senate Bill (SB) 159 marked a historic milestone as the first legislation in the United States to authorize licensed pharmacists to furnish PrEP and PEP without a prescription. This bill permits pharmacists to prescribe up to a 60-day supply of PrEP once every two years, provided certain criteria are met. Under California's Medicaid program, pharmacists must complete a California Board of Pharmacy-approved training program and register as providers.<sup>50</sup> Additionally, SB 159 prohibits insurance companies from imposing prior authorization requirements for individuals seeking to use their benefits to obtain PrEP or PEP. In 2024, California furthered its commitment with the passage of SB 339, which allows pharmacists to furnish up to 90 days of PrEP, contingent upon the pharmacist ensuring that the individual undergoes appropriate HIV testing and follow-up care in accordance with CDC guidelines.<sup>43,51</sup> Assembly Bill 317 (a.k.a., "Pharmacist Service Coverage") legislation was passed in 2023, which addresses the reimbursement barriers experienced by pharmacists under SB 159 and 339. It mandates commercial health plans to reimburse pharmacists for providing clinical services within their scope of practice, including PrEP and PEP.<sup>52</sup> It aims to expand access to HIV prevention services by ensuring pharmacists are compensated for their work.
- Washington state's One-Step PrEP Program, is a pioneering effort to enhance HIV prevention by making PrEP more accessible in the pharmacy setting. The program offers both in-person and virtual services, known as One-Step PrEP® and One-Step TelePrEP, respectively. These services allow individuals to receive PrEP care with just one

pharmacist visit every three months, either in-clinic or via a virtual appointment. Additionally, most patients incur no cost for the complete care provided.<sup>53</sup>

- In Colorado, HB20-1061 was passed in 2020 which created a statewide protocol for pharmacists to prescribe PrEP and PEP and required private insurers to reimburse pharmacists at the same rate as physicians for these services.<sup>54</sup>
- Similarly, Oregon passed HB 2958 legislation in 2021 that authorizes pharmacists to prescribe, dispense, and administer PrEP (up to a 90-day supply) and PEP. Pharmacists are to be reimbursed in the “same manner as any other healthcare provider.”<sup>55</sup>
- Iowa's TelePrEP Program is an innovative initiative designed to make PrEP more accessible, especially in rural areas. The program, a collaboration between the Iowa Department of Public Health and the University of Iowa, allows individuals to access pharmacist-prescribed PrEP, under a CPA, through secure telehealth services. Patients can consult with pharmacists via a private app on their smartphone, laptop, or tablet, and obtain necessary lab tests locally. Pharmacists can also arrange for PrEP medications to be delivered directly to patients' homes or make available for pickup at a pharmacy of their choice.<sup>56</sup> This program ensures that PrEP is available to all Iowans, regardless of their location, making HIV prevention more convenient and accessible.
- One study highlighted an initiative in New York City, where pharmacists were authorized to provide a 7-day supply of PEP under a CPA. This successful project used the extensive reach of community pharmacies to ensure timely access to PEP. Following New York's lead, eleven other states adopted similar measures—expanding the role of outpatient pharmacies in making PEP more readily available and ultimately contributing to broader efforts to curb HIV transmission.<sup>57</sup>
- Philadelphia implemented a program to increase access to PEP through community pharmacies. This initiative involved training pharmacists to provide PEP and ensuring they were reimbursed for their services. The program successfully increased the availability of PEP, particularly in underserved areas, and improved patient outcomes.<sup>58</sup>
- Illinois passed HB 4430 in 2022 which requires Medicaid and other payors to reimburse pharmacists for patient care services, including PrEP and PEP, at 85% of the rate reimbursed to physicians.<sup>59</sup>

Similar legislative efforts in states such as Maine, Nevada, Utah, and Virginia have granted pharmacists direct prescribing authority for PrEP under a statewide protocol, thereby increasing accessibility to preventive medications.<sup>60</sup> Additional information about other states' legislation for pharmacist-initiated PrEP and PEP can be found via the NASTAD legislative tracker ([Legislative Tracker: Pharmacist-Initiated PrEP and PEP | NASTAD](#)). These measures are part of broader efforts to reduce barriers to HIV prevention and ensure timely access to care.<sup>46</sup>

Two studies evaluated the implementation of California's SB 159 legislation in community pharmacies. An observational, cross-sectional survey of independent community and mail-order pharmacies was conducted to evaluate the implementation of California's SB 159 legislation in the San Francisco Bay Area. The study revealed that only 2.9% of pharmacies in the San Francisco



Bay Area were providing oral PrEP and PEP under SB 159, and less than 1% were doing so under a CPA.<sup>61</sup> Another cross-sectional survey study evaluated the readiness of community pharmacists to provide long-acting injectable PrEP (LAI-PrEP).<sup>62</sup> The study's findings showed about 53% of surveyed pharmacists indicated they would be willing to administer LAI-PrEP using gluteal injections in their pharmacies. Willingness was higher among pharmacists working in pharmacies that already provided vaccinations or other injections (56%) and those providing oral PrEP under SB 159 (65%).<sup>62</sup> Of note, key barriers to LAI-PrEP provision included the need for increased training and staffing, availability of a private room for injections, better medication access, and payment for services.

Regardless of state policies, pharmacists can significantly enhance PrEP and PEP awareness in communities through a multifaceted approach. By educating and counseling patients during routine consultations, pharmacists can explain the benefits of PrEP and PEP and the importance of adherence. Engaging in community outreach through health events and workshops allows pharmacists to reach a broader audience. Collaborations with healthcare providers can ensure a coordinated approach to HIV prevention, while leveraging telehealth services and online platforms to extend their reach to remote areas.<sup>63</sup> Implementing pharmacy-based PrEP and PEP programs reduces barriers to access, and targeted campaigns can address specific misconceptions within disproportionately affected populations. Providing informational resources in pharmacies and advocating for supportive policies could further bolster these efforts. Through these strategies, pharmacists play a crucial role in increasing PrEP and PEP awareness and uptake, ultimately contributing to the reduction of HIV incidence in their communities.

## **Treatment of HIV**

### **Initiating ART**

#### ***Patient Assessment and Laboratory Testing***

Once the HIV diagnosis is confirmed, appropriate patient assessment and laboratory testing should be performed, and pharmacists are commonly at the forefront of these baseline evaluations to establish care. The initial patient assessment is important to select the most appropriate ART regimen for the patient, as well as other considerations including but not limited to opportunistic infection prophylaxis, sexually transmitted infection (STI) management, HIV-related complications, and other comorbidity management (e.g., diabetes mellitus, hypertension, hyperlipidemia, etc.).

Patients should have a comprehensive medical and surgical history, physical examination, and should be educated or counseled on the diagnosis of HIV and its implications.<sup>6</sup> Pharmacists are also essential at performing a comprehensive medication review/reconciliation at baseline to identify, assess, and manage potential drug interactions with antiretroviral initiation.<sup>64-67</sup> A single-center, retrospective cohort study evaluated the number of antiretroviral-related and

clinically significant drug-drug interactions then identified significant reductions in drug-drug interaction occurrence following pharmacist involvement.<sup>67</sup>

It is important for pharmacists to have foundational knowledge and application of laboratory testing results since these can influence patient management. Table 1 describes the laboratory tests that should be performed initially.<sup>6</sup> For example, pharmacists need to evaluate renal function to determine renal dosing of antiretrovirals, CD4+ T-lymphocyte counts to determine the need for opportunistic infection prophylaxis, hepatitis B co-infection to assess which antiretroviral regimens should be used, pharmacogenomic testing to evaluate if certain antiretrovirals can be used (e.g., abacavir and HLA-B\*5701), management of concurrent sexually transmitted infections, and immunization considerations.

**Table 1. Recommendations and Considerations for Initial Laboratory Testing**

CD4+ T-lymphocyte count (and percentage if available)	Comprehensive metabolic panel
Plasma HIV 1/2 antigen/antibody and RNA (viral load)	Complete Blood Cell Count with Differential
Fasting lipid panel	Urinalysis
Genotypic drug-resistance testing	Serologies for hepatitis A, B, and C
Sexually transmitted infections	HLA-B*5701 (if considering abacavir)
Varicella IgG and cytomegalovirus IgG	<i>Toxoplasma gondii</i> IgG

Pharmacists are also commonly involved in efforts to improve adherence to care, initial patient assessment, and laboratory monitoring. One prospective randomized trial evaluated whether computer alerts were effective at increasing the percentage of patients with appropriate laboratory monitoring at initiation of ART.<sup>68</sup> Pharmacists were alerted to missing laboratory test results, had the capability of ordering missing tests, reminded patients to obtain tests, reviewed and evaluated test results, and managed laboratory tests that required interventions. The authors found significant improvement in the percentage of patients receiving laboratory monitoring at ART initiation following the pharmacist-driven intervention. Thus, pharmacist involvement in initial patient assessment and laboratory monitoring is essential and helps to maintain engagement for future patient assessment and laboratory monitoring through the continuum of care.

### *Rapid Start*

ART initiation on the day of an HIV diagnosis or as soon as possible following diagnosis (within days or weeks), also known as rapid ART or “test and treat,” is a strategy to improve linkage to care, increase ART uptake, and reduce time to virologic suppression. However, while rapid ART is shown to improve clinical outcomes and is endorsed by national HIV guidelines,<sup>6</sup> adoption of rapid ART is not widespread. Barriers to implementation of this service include the resource-intensive nature of the approach, the need to consolidate patient services into a single visit, and

provider availability.<sup>69</sup> Ambulatory care pharmacists often have flexible schedules that can accommodate same-day patient visits. In addition to their clinical expertise, pharmacists can navigate payer systems and funding mechanisms to ensure immediate access to ART.

One retrospective cohort study describes the successful implementation of a pharmacist-driven rapid ART program in an urban Ryan White HIV/AIDS Program (RWHAP)-funded clinic in Rhode Island.<sup>70</sup> In this model, two clinical pharmacists utilized a CPA to conduct patient visits, including the ordering of labs and prescribing of medications, for adults with a new diagnosis of HIV who were ART naïve. Clinical outcomes of the novel pharmacist-driven service were compared to those before its implementation. Time to virologic suppression was significantly shorter in the pharmacist-driven rapid ART group compared to the pre-implementation group. Expectedly, time to ART implementation was also significantly shorter in the rapid ART group compared to the pre-implementation group. There were no significant differences in rates of retention in care at one year, which remained high.

This study highlights pharmacist-driven rapid ART as a valuable strategy for expanding access to these critical services. Pharmacists' unique blend of clinical knowledge, widespread availability, and expertise in navigating ART access makes them uniquely poised in evaluating new patients for rapid ART initiation. However, of note, the pharmacists' encounters were non-billable at the time of the study, which underscores the importance of gaining universal provider status to ensure sustainability of these services.

### Maintaining and Simplifying ART

#### *Maintaining ART Adherence*

Modern antiretrovirals are potent, however, patients must still maintain high adherence to receive maximum immunologic and health benefits from their regimens. Prior literature suggested that adherence levels of 95% or higher were required for ART.<sup>71</sup> Subsequent studies indicate that lower adherence levels of 69-80% may still achieve viral suppression when using more modern regimens.<sup>72-73</sup> Maintaining adherence to any medication for chronic disease is a multifaceted challenge that can be framed within the context of the social determinants of health (SDoH). These determinants include economic stability, education access and quality, healthcare access and quality, neighborhoods and built environments, and the social and community context.<sup>74</sup> Income, education, insurance, stigma, health literacy, and other related factors can either positively or detrimentally impact a person's ability to adhere to or access ART in a timely fashion.<sup>75-76</sup> Comorbid conditions such as mental health, substance use, and polypharmacy may pose additional barriers. Lastly, specific regimen characteristics such as pill burden, regimen complexity, and associated side effects may result in lower adherence.

Pharmacist-led interventions to improve ART adherence have proven successful. A systematic review estimated that pharmacist care led to higher odds of achieving desired adherence outcomes in PWH when compared to usual care (OR: 2.70, 95% CI 1.80-4.05).<sup>77</sup> Adherence programs where pharmacists play a central role have also demonstrated benefits beyond

improved adherence. In one pharmacist-led adherence program based at the University of New Mexico, 16 patients reduced their median viral load from 48,000 copies/mL to undetectable within a 6-month period; a cost-avoidance model estimated that \$2.96 would be saved on future medical expenses for every \$1 spent on the patient intervention.<sup>78</sup>

Pharmacists must take a patient-centered approach to support ART use. Each person's challenges are unique, and tailored strategies must be employed to optimize adherence.<sup>79</sup> Pharmacists should screen for adherence problems at pharmacy visits using self-report tools or by calculating prescription medication possession ratios.<sup>80</sup> For patients having medication access issues, pharmacists can leverage automatic refills, medication delivery services, and manufacturer patient assistance or copay programs. Pharmacists can review insurance formularies to identify covered antiretroviral medications and support completion of any necessary authorizations. Pharmacists who have training in motivational interviewing may use those skills to discern reasons behind missed doses and can offer tools such as reminder packaging and digital health apps to improve adherence. Pharmacists should work closely with the interdisciplinary team to adjust any ART regimens that hinder adherence due to side effects or complexity.

#### *Streamlining ART Regimens*

Streamlining an ART regimen can potentially decrease pill burden, reduce adverse effects, and improve adherence. Increased evidence supports switching regimens in patients who are virally suppressed. Switching may be performed for modernization purposes (substituting older antiretrovirals for newer ones with higher potency, lower toxicity, or fewer drug interactions) or simplification purposes (consolidating medications to increase convenience and reduce pill burden) or both.<sup>81</sup> One way to achieve this is to combine medications using single tablet regimens (STR) and fixed-dose combination (FDC) pills. Doing so may have the added benefit of decreasing medication copays if fewer pills are needed.<sup>82</sup> Use of STR and FDC may require switching between formulations or between similar medications such as substituting tenofovir alafenamide for tenofovir disoproxil fumarate, interchanging emtricitabine for lamivudine, or replacing ritonavir with cobicistat as a pharmacokinetic enhancer. Two-drug regimens such as dolutegravir/rilpivirine, dolutegravir/lamivudine, or the long-acting injectable regimen cabotegravir with rilpivirine may also be appropriate options.<sup>83-85</sup>

HIV pharmacists can review patient ART regimens to identify opportunities for simplification and modernization. Pharmacists should consider the patient's ART history, pattern of viral load measures, past adverse effects, all prior resistance tests, and history of adherence prior to recommending any switch. They should also evaluate concomitant medications to manage any drug-drug interactions that may ensue (or that may be undone) after changing medications. Pharmacists can follow up with patients after switching, to ensure the viral load remains suppressed and to assess any positive or negative changes in adverse effects and adherence.

Pharmacists currently play an important role in facilitating implementation of long-acting injectable antiretroviral therapy regimens (LAI-ART). These novel treatments can increase convenience and simplicity for patients by removing the requirement for daily oral therapy. They

also require close coordination between pharmacies, clinics, laboratories, and patients. Pharmacists can support access to LAI-ART by facilitating procurement from pharmacies to clinics for administration, or by helping clinics set up buy-and-bill processes. Pharmacists may screen patients for eligibility for long-acting therapies and provide recommendations to the interdisciplinary team on whether candidates may benefit from LAI-ART regimens. Pharmacists should educate patients on the need for adherence to injection visits, on required laboratory draws, and on the management of side effects. A pharmacist-led program in New York was successful in initiating 43% of referred patients (n=73/171 referrals) onto LAI cabotegravir with rilpivirine and retaining 90% of the enrolled patients in care.<sup>86</sup> As new LAI agents emerge through the antiretroviral pipeline, pharmacists will continue to be core team members for implementation of these treatments.

#### Management of Virologic Failure

Pharmacists are commonly involved in the prevention, recognition, and management of HIV treatment failure. In collaboration with other members of the healthcare team, pharmacists routinely monitor trends and interpret CD4+ T-lymphocyte counts and HIV RNA viral loads. Pharmacists have a significant role in the prevention of treatment failure by improving adherence, mitigating potential drug interactions, managing pharmacokinetic issues, and providing education. Pharmacist involvement, particularly in integrated care models, has demonstrated reductions in virologic failure and preservation of the initial antiretroviral regimen.<sup>87</sup>

Virologic failure is defined as the inability to achieve or maintain suppression of viral replication to HIV RNA level of <200 copies/mL.<sup>6</sup> Pharmacists should closely monitor trends in HIV RNA viral load to identify significant changes. If virologic failure occurs, pharmacists should work collaboratively with the treatment team to identify the most likely cause and implement strategies to mitigate their occurrence.

Pharmacists specialized in HIV are highly trained and qualified to perform drug-resistance testing with respect to appropriate timing, interpretation of the test results with associated drug resistance (if applicable), identification of potential treatment options available based on the HIV resistance mutation patterns and associated antiretroviral medications, and development of a new ART plan to optimize the chances of virologic suppression.

Pharmacists are also commonly sought after and involved in management of PWH who are heavily treatment-experienced and/or have multidrug resistant HIV, particularly when novel antiretrovirals need to be considered and used.<sup>88</sup> Depending on the scenario, limited fully active options may be available in addition to optimized background therapy. It is crucial that pharmacists are highly involved in providing continuous adherence support in these scenarios of previous virologic failure with the goal of reestablishing virologic suppression and improving CD4+ T-lymphocyte count to prevent HIV-related complications (e.g., opportunistic infections, malignancies), reduce the risk of transmission, and improve the person's quality of life.

## Antiretroviral Stewardship

PWH often require hospitalization for secondary conditions and may receive care from healthcare providers lacking specialized HIV training. This can increase the likelihood of inadvertently altering a patient's antiretroviral regimen upon transfer, thus resulting in downstream viral resistance and adverse effects. The frequency of inpatient antiretroviral errors has been reported as high as 86% and include antiretroviral or opportunistic infection medication omissions, incorrect dosing or scheduling of antiretrovirals, and drug interactions.<sup>89</sup> Antiretroviral stewardship programs (ARVSPs) offer a promising strategy to minimize these errors and maintain viral suppression. The Infectious Disease Society of America, HIV Medicine Association, and American Academy of HIV Medicine have called for implementation of ARVSPs into health systems to enhance patient safety.<sup>90</sup> These programs require collaboration among interprofessional healthcare providers including physicians, advanced practice providers, and pharmacists. Antiretroviral stewardship is defined as "coordinated interventions designed to improve continuity of care for patients receiving antiretrovirals through the utilization of evidence-based antiretroviral practices including medication reconciliation, dosing, mitigation of drug interactions, and prevention of viral resistance."<sup>90</sup> Notable ARVSP interventions include prospective review of electronic medical records, clinical checklists or protocols at care transitions, computerized physician order entry sets, and drug formulary management.

Pharmacists play an important role in optimizing ART and improving patient safety through ARVSPs. Numerous studies have explored the successful implementation and sustainability of interdisciplinary ARVSP teams. Notably, ARVSPs with pharmacist involvement have been shown to significantly reduce drug interactions,<sup>67,91</sup> mitigate medication errors,<sup>92-97</sup> and prevent prescribing errors.<sup>98</sup> Pharmacist-led ARVSPs have additionally demonstrated value in reducing hospital readmission rates and increasing linkage to outpatient HIV care.<sup>99-100</sup> In one study, the one-year cost savings for an inpatient ARVSP was estimated to be approximately \$263,000.<sup>101</sup> Because of the enormous benefits demonstrated by ARVSPs, programs have expanded in resource-limited countries as well.<sup>102</sup>

ARVSPs are not limited to only inpatient environments. Ambulatory care clinical pharmacists may be involved in ARVSPs in outpatient settings. One such study describes improved clinical outcomes with implementation of an ARVSP in an outpatient pediatric HIV clinic.<sup>103</sup> Pharmacists are essential contributors to ARVSPs, optimizing therapy, improving patient outcomes, and ensuring the long-term sustainability of these initiatives.

## Transitions of Care

Pharmacists play an indispensable role in the transitions of care for PWH, significantly impacting their health outcomes and overall quality of life. This role is multifaceted, encompassing medication management, patient education, adherence support, care coordination, and access facilitation.



During transitions between different healthcare settings, pharmacists review and reconcile patients' ART and other medications. This process is critical for identifying and resolving discrepancies, ensuring that patients receive the correct medications and dosages. By preventing potential adverse effects and drug-drug interactions, pharmacists help ensure patient safety and the efficacy of HIV treatment regimens.<sup>16,99,104</sup>

Patient education is another critical area where pharmacists make a substantial impact. They provide comprehensive guidance on medication regimens to patients, explain how to take medications correctly, manage potential side effects, and emphasize the importance of adherence to ART. Education is vital for maintaining viral suppression and preventing the development of drug resistance. Pharmacists are also leaders in coordination during transitions of care to help create a seamless continuum of care for PWH. They work closely with a multidisciplinary team of healthcare providers, including physicians, nurses, and social workers, to ensure a cohesive and comprehensive approach to patient care that addresses the diverse and individualized needs of PWH.<sup>105-106</sup> By empowering patients with knowledge, pharmacists enable them to take an active role in managing their health.<sup>5,7,16</sup> Medications access is another critical aspect of the pharmacist's role. Pharmacists assist patients in navigating insurance and financial assistance programs, ensuring they have access to their medications. They manage medication refills and address any issues related to drug availability and formulary changes, thereby removing barriers to consistent treatment. By facilitating access to essential medications, pharmacists help ensure that PWH can maintain their treatment regimens without interruption.<sup>16</sup>

Two case studies have highlighted the significant role pharmacists play in the transitions of care for PWH. As integral members of a multidisciplinary healthcare team, pharmacists addressed comorbidities, optimized medication regimens, and ensured smooth transitions of care for PWH. The contributions pharmacists have made in this clinic have positively impacted the virologic outcomes and the overall health of PWH.<sup>5</sup> Another case study explored the impact of pharmacist-driven services and involved multiple aspects of HIV care, including medication reconciliation, communication with medical providers, and monitoring for adverse effects and drug interactions. Their involvement improved patient outcomes and enhanced the overall quality of care for PWH.<sup>104</sup>

Through pharmacists' expertise in medication management, patient education, adherence support, care coordination, and access facilitation, pharmacists play a vital role in enhancing the quality of care and improving health outcomes for PWH. By providing consistent and proactive care during the patient's transitions of care process, pharmacists help PWH achieve better health outcomes.<sup>77</sup> Their contributions are a testament to the critical role that dedicated healthcare professionals can play in the lives of those with HIV.

## Treatment and Prevention of HIV Across the Lifespan

Pharmacists hold unique expertise that can enhance treatment and prevention of HIV across various stages of an individual's life. This includes interventions in sexual and reproductive health, and the care of key populations including individuals identifying as lesbian, gay, bisexual, transgender, queer, and others (LGBTQ+), pregnant individuals, pediatric patients, geriatric patients, and transplant recipients.

#### *Sexual and reproductive health*

Activities pharmacists may perform that support sexual and reproductive health range from screening for and administering routine immunizations such as human papilloma virus and mPOX vaccination, counseling on barrier methods such as condoms to prevent HIV and STIs and encouraging use of PrEP and PEP when appropriate.<sup>107-108</sup> For PWH who are of childbearing age, all clinicians should be routinely assessing their desire for parenthood. Pharmacists in some states can furnish hormonal and emergency contraception for patients who do not desire pregnancy during certain timeframes of their lives.<sup>109</sup> When recommending or dispensing contraception for PWH, pharmacists should carefully review drug-drug interactions between antiretrovirals and hormonal contraceptives.

#### *Pregnant people*

In the United States, vertical HIV transmission occurs less than 1% of the time due to expanded HIV testing, maternal use of ART, increased uptake of PrEP for preconception, and technologies such as sperm washing.<sup>110-111</sup> If a pharmacist is the first healthcare provider a pregnant person encounters while purchasing an over-the-counter pregnancy test or obtaining a routine refill, they can assist with linkage to appropriate prenatal care. Pharmacists may also hold consultative roles on multidisciplinary teams. They should refer to the U.S. Perinatal HIV treatment guidelines for the most current evidence on HIV ART management during pregnancy.<sup>110</sup> There are multiple pharmacologic considerations: certain ART should be avoided during pregnancy due to concerns about efficacy or toxicity, some agents such as darunavir plus ritonavir must be dose-adjusted during the third trimester, and evidence is always evolving around the safety of newer ART agents and their impact on fetal development.<sup>112</sup> By remaining up to date, a pharmacist can ensure optimal selection of pharmacotherapy, support adherence, and facilitate access to medications. Some hospitals may not routinely stock the ART regimen a patient needs while hospitalized, such as intravenous zidovudine if the patient is not virally suppressed, or pediatric ART formulations required by the infant for prophylaxis or treatment. Pharmacists can educate patients on breastfeeding or chestfeeding in the setting of an undetectable viral load and can reinforce the need to maintain high ART adherence if the parent chooses this strategy for their infant. An example of the ways that pharmacists can improve the peri- and antenatal care of PWH is described by the Northern Alberta HIV Program, where a team of clinical pharmacists provides the services outlined above.<sup>113</sup>

#### *Pediatric care*

Multiple pharmacologic considerations also exist for the treatment of pediatric patients, and pharmacists working closely with this population should familiarize themselves with national

guidelines that outline current standards of care.<sup>114</sup> Factors such as an infant's risk of acquiring HIV from vertical transmission, a child's age, laboratory values, ability to take pills, and comorbidities all guide the selection and timing of pediatric ART. However, as with most aspects of HIV, care standards evolve and change rapidly. Pharmacists can be a valuable resource to a team if they remain up to date around the safety and efficacy of different ART formulations as they are developed, adapted, and studied for use in children. Unlike for adults, where ART dosing is standardized, developmental differences in absorption, distribution, metabolism, and elimination influence ART dosing in children, which is based on weight, age, or body surface area.<sup>115</sup> Pharmacists are vital to ensure accurate ART dosing and formulations are provided, especially as children age and grow. Several pediatric ART formulations are not interchangeable on a milligram-per-milligram basis with adult tablets (e.g., raltegravir, dolutegravir, and rilpivirine-containing medications).

Supporting adherence can be complex when a caregiver is responsible for administering medications to a child. The dynamic shifts again over time as children and adolescents begin to hold responsibility for administering their own medications. Pharmacists must tailor educational strategies to fit the needs of both caregivers and children to promote adherence. Palatability can also be a barrier; pharmacists can advise on strategies to change or disguise the taste of certain antiretroviral medications.<sup>116-117</sup> One retrospective review documented 8,893 patient care interventions performed by pediatric HIV clinical pharmacists at a healthcare center over a seven-year period; the study also observed an increase in proportion of pediatric patients with undetectable viral loads.<sup>118</sup>

### *Aging and HIV*

Population models in the United States suggest that by the year 2030, the median age of a person using ART will be 52 years of age.<sup>119</sup> PWH may age more rapidly than those without HIV, and mechanisms for this (direct impact of virus versus virus as a risk factor that accelerates aging) remain unclear. With aging, many medication issues arise for pharmacists to be aware of. Older people are at higher risk of polypharmacy and drug-drug interactions due to accumulation of treatments for comorbidities. They may experience side effects from medications more frequently as drug metabolism changes with age. Use of medications that are not recommended for elderly people can result in increased frailty, falls, and cognitive impairment. Patients may need to add medications to stimulate bone health and reduce fracture risk, and pharmacists may need to review regimens to switch out any ART which could increase risk. Declining cognition may lead to lower ART adherence. Shifts in insurance coverage at later stages of life may also impact access to ART. Pharmacists can lead key initiatives to reduce polypharmacy, improve medication safety, and increase satisfaction for people aging with HIV and their providers.<sup>120-121</sup> A pharmacist-led program to reduce use of potentially inappropriate medications in older PWH found a large proportion of elderly clinic patients were prescribed medications that are not recommended by Beers (54%) or STOPP (63%) criteria.<sup>122</sup> The pharmacist in this program discontinued at least one medication for 69% of those individuals. Pharmacists working with older PWH should regularly assess medications for opportunities to deprescribe or substitute

potentially inappropriate therapies, to manage emerging adverse effects, and to manage drug-drug interactions. Pharmacists can assist patients who may be changing insurance or shifting to Medicare coverage to ensure their selected plan offers adequate, affordable coverage for ART and other necessary medications.

## **Treatment of HIV in Key/Special Populations**

### *LGBTQ+ Community*

Pharmacists play a vital role in providing inclusive healthcare services for sexual and gender minorities, also referred to as LGBTQ+. They are actively involved in managing gender-affirming hormone therapy (GAHT), ensuring that patients receive the correct dosages, monitor for any side effects (e.g., changes in mood, weight, and cardiovascular health), and offer guidance on medication adherence. Additionally, pharmacists are key players in HIV prevention and treatment, offering PrEP and PEP to prevent HIV acquisition, as well as supporting PWH in adhering to their ART regimens.<sup>123-125</sup>

Beyond these specific services, pharmacists also assist in managing chronic conditions such as diabetes, hypertension, and mental health issues, which can disproportionately affect sexual and gender minorities.<sup>126-127</sup> Pharmacists work closely with endocrinologists and primary care teams to ensure a coordinated approach to GAHT management. They strive to create a welcoming and affirming environment by using inclusive language, understanding the unique health disparities faced by these communities, and advocating for their needs within the healthcare system.<sup>128-130</sup>

One descriptive, cross-sectional study delved into the pivotal role pharmacists play in supporting sexual and gender minorities.<sup>131</sup> The authors explored the readiness of pharmacists to provide pharmaceutical care to transgender patients from both pharmacists' and transgender individuals' perspectives. The study concluded that addressing educational gaps (e.g., targeted educational interventions to improve pharmacists' understanding and competence in providing care to transgender patients) and barriers (e.g., lack of training, discomfort with the topic, and insufficient resources) is crucial to enhance the quality of medication management provided to transgender patients.

A survey study conducted by Jacobson and colleagues explored the campus climate regarding LGBTQ+ care inclusion at colleges and schools of pharmacy.<sup>132</sup> They underscored the necessity for pharmacists to be well-versed in the unique health needs and challenges faced by the LGBTQ+ community. They advocated for the integration of LGBTQ+ health topics into pharmacy education and training, ensuring that future pharmacists are equipped with the knowledge and sensitivity required to serve this population effectively. Another study discussed the discrepancies in care for LGBTQ+ patients and how pharmacists can support more inclusive practices. These include incorporating adequate education and training on LGBTQ+ health issues and fostering culturally competent and equitable patient care in the pharmacy curricula.<sup>133</sup>

There is a position statement that calls for pharmacists to adopt inclusive practices. This includes using patients' preferred names and pronouns, fostering a welcoming environment, and being

cognizant of the specific health disparities that disproportionately affect LGBTQ+ individuals.<sup>134</sup> Through these practices, pharmacists can create a more inclusive and supportive healthcare experience for their sexual and gender diverse patients.<sup>135-136</sup>

One study demonstrates the pivotal role pharmacists can have in addressing the unique healthcare needs of the LGBTQ+ community.<sup>137</sup> Conducted across three sites in California, Mississippi, and Florida, the study highlights the breadth of services provided by pharmacists, including GAHT management, antiretroviral adherence programs, primary care and chronic disease management, and mental health and substance use care. The findings underscore the potential of pharmacist-led services to significantly mitigate health disparities among sexual and gender minorities. By optimizing medication regimens, reducing adverse drug events, enhancing medication acquisition, and improving medication adherence, pharmacists can make a profound impact on the health outcomes of this community. Interestingly, there were several barriers and challenges to the implementation of these services that were identified. Stigma, discrimination, lack of provider knowledge, legislative and regulatory obstacles, along with variations in the scope of practice for pharmacists across different states, pose significant hurdles. These barriers highlight the need for policy changes to support the expansion of pharmacist-led services.

The critical role of pharmacists in providing inclusive and effective healthcare for the LGBTQ+ community deserves broader recognition. Through education, inclusive practices, advocacy, and efforts to overcome barriers to care, pharmacists could contribute to the creation of a more equitable, respectful, supportive, and high-quality healthcare system for all.<sup>138-139</sup>

#### *People with HIV undergoing transplant*

People with well-controlled HIV are candidates for solid organ and hematopoietic stem cell transplant (HSCT). Solid organ transplant outcomes for PWH have improved with more potent ART, greater use of integrase inhibitor-based ART versus protease inhibitor-based ART (which mitigates potential for drug-drug interactions), and the efficacy of direct-acting antiviral agents for HCV treatment.<sup>140</sup> The HIV Organ Policy Equity (HOPE) Act allows PWH to serve as organ donors, and recent updates have further expanded opportunities for PWH to receive an organ at centers with expertise to perform such transplants.<sup>141</sup> Outcomes for HSCT have not been demonstrated to differ between people with and without HIV and, in some rare cases, HSCT has provided a unique opportunity to try to cure HIV.<sup>142</sup>

Pharmacists with expertise in transplant are typically included in multidisciplinary teams.<sup>143-144</sup> There are a host of pharmacologic issues that must be addressed along the continuum of the transplant process, and special considerations for HIV are addressed in national HIV treatment guidelines.<sup>6</sup> Pharmacists can assist in optimizing the ART regimen prior to transplant to avoid drug-drug interactions with immunosuppressants and other necessary supportive and prophylactic therapies. Maintaining viral suppression throughout the peri-transplantation process is critical, and pharmacists can support adherence to therapy through monitoring labs, education and counseling, and ensuring consistent access to medications. ART formulations may need to be adjusted due to fluctuations in kidney and liver function around the time of transplant;

STRs may need to be interchanged with individual components to adjust dosing, or liquid or crushed antiretrovirals may need to be substituted for administration via other routes. Patients may struggle with polypharmacy, especially given that comorbidities requiring treatment may emerge or worsen post-transplant. Pharmacists working with this population can provide immense support as patients navigate the lifelong journey of medications associated with receiving a transplant.

### **Pharmacist Care of Comorbid Conditions in People with HIV**

Compared to the general population, PWH may be more susceptible to chronic disease.<sup>145</sup> ART allows people to live longer but when taken over the lifespan may also augment the development of disease or disease risk. Aging can compound inflammation caused by HIV, and the complete pathways by which HIV intersects with other chronic comorbidities are not well understood. Statistics predict that by the year 2030, 70% of people on ART will have more than one chronic condition that requires management, in addition to HIV.

Pharmacists hold an increasingly expanding role in the care and management of PWH with chronic comorbid conditions. There is a body of literature describing the impact of pharmacists on specific diseases and a smaller body of literature describing pharmacists' impact on the care of patients with comorbidities. These reports may describe specialty-trained pharmacists, often working in multidisciplinary teams, or pharmacists in the community.<sup>146-148</sup> Some pharmacists may operate under CPAs to provide direct patient care; others may act through state authorities. Irrespective of the setting, pharmacist expertise can improve health holistically, for conditions that extend beyond HIV.

Pharmacists caring for PWH and comorbidities can encompass certain activities common to the care for any disease. For example, most common chronic conditions have treatment guidelines that pharmacists must familiarize themselves with; separate guidelines rarely exist that address management of a chronic condition in the setting of HIV. A useful tool that does address common primary care concerns in PWH is available from the HIVMA/IDSA.<sup>149</sup> As comorbidities accumulate, medications accumulate. Estimates vary depending on the population studied, but non-ART related polypharmacy is generally very common in PWH.<sup>150-151</sup> Pharmacists must regularly review medication lists to manage drug-drug interactions, support adherence through education and counseling, and facilitate access to medications, especially during transitions of care. The pharmacist must communicate closely with specialists, HIV primary care clinicians, and with other pharmacists to ensure everyone is informed of changes or discrepancies in patients' medication regimens. Pharmacists should be cognizant of the role that SDoH play in worsening chronic conditions and familiarize themselves with local resources to refer patients to.<sup>152</sup>

It is beyond the scope of these guidelines to review the management of all common chronic conditions experienced by PWH or to review the entirety of evidence supporting pharmacist care of these conditions in people without HIV. The following sections will highlight select



pharmacologic issues unique to PWH that pharmacists should be aware of and examples of pharmacist-based models of care for PWH and other comorbidities.

#### *Cardiometabolic diseases*

PWH have a higher likelihood of developing cardiometabolic disease due to a combination of traditional risk factors, untreated HIV, and potential direct impact of ART.<sup>153</sup> Pharmacists can provide consultation on the selection or revision of ART regimens when components (e.g., boosted protease inhibitors or abacavir) may potentially influence cardiovascular risk. Medication management can also successfully address modifiable cardiovascular risk factors. One retrospective study found that patients cared for by an interdisciplinary team with a pharmacist had a statistically significant improvement in lipids, smoking cessation, and prescription of preventative aspirin when compared to those cared for by a single primary care provider.<sup>154</sup> Pharmacist care in this study was cost-effective, with an estimated savings of \$3000 per patient. Enhanced pharmacist care at a hypertension clinic in Nigeria resulted in higher antihypertensive adherence and a 3.2-fold higher odds of blood pressure control after 12 months in people with hypertension and HIV.<sup>155</sup> Studies are currently evaluating the impact of pharmacist-led interventions to reduce tobacco use in PWH.<sup>156-157</sup> The REPRIEVE trial has expanded indications for statin therapy in PWH, yet statins often remain underprescribed, and pharmacists have an opportunity to improve uptake.<sup>158-159</sup> Multiple systematic reviews support the efficacy and cost-effectiveness of pharmacist management of diabetes.<sup>160</sup> Clinical pharmacist care improved diabetes at a Federally Qualified Health Center; PWH experienced similar reductions in hemoglobin A1c (-1.7% vs -1.2%) as people without HIV.<sup>161</sup> There is increasing concern regarding obesity in the general population and in PWH.<sup>162</sup> Pharmacists can provide expert consultation on weight loss pharmacotherapy options and may work closely with interdisciplinary team members to help patients achieve their goals.

#### *Chronic kidney disease*

In addition to chronic kidney disease from other common causes, PWH are at risk for HIV-associated nephropathy (HIVAN), HIV-associated immune complex disease, and nephrotoxicity from ART.<sup>163</sup> Guidelines for the management of chronic kidney disease can be applied to populations with HIV.<sup>164-165</sup> Pharmacists should ensure regular monitoring of renal function to screen for kidney disease. For patients who have not yet started ART, pharmacists can encourage them to begin treatment given that ART is an important intervention for HIVAN and focal segmental glomerulosclerosis. Pharmacists can review ART regimens and labs to minimize the renal effects of ART, for example, determining whether it may be preferable to substitute tenofovir alafenamide for tenofovir disoproxil fumarate. They are also central to ensuring correct dosing for renally eliminated ART, such as the nucleoside reverse transcriptase inhibitors. Renal dosing may require fixed-dose combination tablets to be substituted with their individual components. Pharmacists may also facilitate adjustments of an ART regimen if patients with end-stage renal disease are initiating hemodialysis.

#### *Viral hepatitis and other hepatic diseases*

An estimated 5-15% of PWH in the United States are co-infected with hepatitis B virus (HBV), and between 10-30% are coinfecting with hepatitis C virus (HCV).<sup>6</sup> Pharmacists have been active in the prevention and treatment efforts of these coinfections. In the United States, pharmacists can immunize patients against HBV, however, the ability to administer specific vaccines depends on the state where the pharmacist is practicing.<sup>166</sup> They can ensure that PWH receive the most effective HBV vaccine; currently HepB-CpG is preferred for adult PWH due to improved response.<sup>64,167</sup> For people with HIV/HBV coinfection, pharmacists can recommend ART regimens that are active against both viruses; and they should counsel patients with coinfection on the dangers of acute liver inflammation if abruptly discontinuing ART with HBV activity.

Pharmacists have also significantly contributed to the care of people coinfecting with and at risk for HIV/HCV. Community pharmacies have demonstrated their ability to increase access to HIV and HCV testing, while serving as sites for provision of clean syringes for people who use injectable drugs.<sup>25-26</sup> Treatment of HCV infection often requires the expertise of specialty-trained pharmacists to navigate complex health systems and insurance coverage for direct-acting antivirals: one study found an average of 2.1 person-hours spent by pharmacy staff members on each HCV antiviral prescription dispensed.<sup>168</sup> Pharmacists leading HCV/HIV coinfection treatment programs perform many functions ranging from facilitating prior authorizations, to adherence counseling, to screening for drug-drug interactions, and more.<sup>169-170</sup> A pharmacist-led HCV treatment program at a Federally Qualified Health Center achieved high rates of sustained viral response (SVR = 76%) in people coinfecting with HIV/HCV.<sup>171</sup>

PWH may also present with other liver issues such as metabolic dysfunction-associated steatotic liver disease (MASLD), metabolic dysfunction-associated steatohepatitis (MASH), or drug induced liver injury. The pharmacist can closely monitor medications to review for hepatotoxic drugs, assist in the management of metabolic-related conditions such as dyslipidemia, diabetes, hypertension, and obesity, and can recommend therapeutic lifestyle changes to support these conditions as well as liver health.

### *Neurologic conditions*

There is a broad spectrum of neurologic conditions associated with HIV disease including conditions such as HIV-associated neurocognitive disorders (HAND) and HIV-associated dementia (HAD). Currently, there are no interventions strongly supported by evidence that improve these types of cognitive impairment. Pharmacists working with PWH who have these conditions should continue to encourage ART use and support high ART adherence. It is helpful for pharmacists to understand basic principles of neurocognitive testing and to continually review medication lists to reduce use of medications that impair cognition.<sup>172</sup> PWH commonly experience neuropathic pain associated with the virus or with the use of older ART medications.<sup>173</sup> Pharmacists can assist in designing pharmacotherapy regimens that maximize multimodal treatment.

### *Mental health and substance use disorders*

Mental health conditions such as depression, anxiety, serious mental illness, and substance use are highly prevalent in PWH.<sup>174</sup> There is concern for decreased medication adherence and

decreased retention in care for these vulnerable populations; a model that integrated community pharmacists with an HIV medical home found improvements in viral suppression and retention in care for PWH and mental health conditions when compared to standard care models.<sup>175</sup> Pharmacist involvement can improve mental health treatment and HIV treatment. Phased involvement of a clinical pharmacist on an inpatient psychiatric ward significantly increased the proportion of patients with appropriate ART regimens and comprehensive HIV management over time.<sup>176</sup> An offsite, centralized team consisting of a pharmacist and a depression care manager supported PWH and depression at the Veterans Health Administration.<sup>177</sup> Both the HIV and mental health clinicians found pharmacist recommendations regarding antidepressant therapy selection and consultation on drug interactions to be very helpful. Pharmacist roles continue to expand for PWH and substance use. Similar to protocols exploring pharmacist interventions in people with tobacco use and HIV, the effectiveness of pharmacist management of alcohol use in PWH is currently being studied. There are future opportunities for increased pharmacist involvement in medication assisted treatment for opioid use disorder.<sup>178</sup> In addition to providing consultation on pharmacotherapy, pharmacists working with PWH who experience mental health conditions or substance use should use non-judgmental language and relationship-centered communication strategies to reduce stigma associated with both conditions.

### *Malignancy*

PWH have an increased lifetime risk of developing AIDS-related and non-AIDS related cancers and have potentially lower survival rates.<sup>179</sup> Pharmacists interacting with PWH with cancer may be situated in a community or specialty pharmacy, in the primary care clinic, or with oncology specialists. Communication across all sectors of pharmacy is crucial for optimal care of PWH and cancer. The pharmacist can play an expanded role by educating PWH regarding recommended cancer screenings. A pharmacist should be included in the consultation prior to the patient undergoing chemotherapy as there may be drug-drug interactions between the proposed chemotherapy agents and the ART regimen, and alternative ART regimens may need to be considered. Pharmacists can facilitate patients' timely and affordable access to chemotherapy agents that are needed. Pharmacists may also support care by managing chemotherapy-associated side effects and adjusting regimens for nausea, mucositis, and other related complications.

Given the evolving nature of clinical guidance for HIV providers, staying current with the latest guidelines and tools is essential for practicing pharmacists (Table 2).

**Table 2. Key HIV Resources for Pharmacists**

Diagnose		
CDC HIV testing and services locator		<a href="https://locator.hiv.gov/">https://locator.hiv.gov/</a>
Clinical Practice Guidelines and Recommendations	CDC HIV testing	<a href="https://www.cdc.gov/mmwr/preview/mmwrhtml/rr5514a1.htm">https://www.cdc.gov/mmwr/preview/mmwrhtml/rr5514a1.htm</a>
	USPSTF HIV screening	<a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/human-immunodeficiency-virus-hiv-infection-screening#fullrecommendationstart">https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/human-immunodeficiency-virus-hiv-infection-screening#fullrecommendationstart</a>
Treat		

Hotlines and Clinical Consultation services	National Clinician Consultation Center (ART, PrEP, PEP)	<a href="https://ncccc.ucsf.edu/">https://ncccc.ucsf.edu/</a>
Antiretroviral information (Drug Interactions, Crushing/Liquid Formulations)	University of Liverpool Drug Interaction Database and Mobile Application	<a href="https://www.hiv-druginteractions.org/checker">https://www.hiv-druginteractions.org/checker</a>
	Toronto General Hospital Immunodeficiency Clinic	<a href="https://hivclinic.ca/drug-information/additional-info/">https://hivclinic.ca/drug-information/additional-info/</a>
HIV resistance testing and mutations	Stanford HIV drug resistance database	<a href="https://hivdb.stanford.edu/">https://hivdb.stanford.edu/</a>
	International Antiviral Society – USA drug resistance chart	<a href="https://www.iasusa.org/hiv-drug-resistance/hiv-drug-resistance-mutations/">https://www.iasusa.org/hiv-drug-resistance/hiv-drug-resistance-mutations/</a>
	HIV-ASSIST	<a href="https://www.hivassist.com/">https://www.hivassist.com/</a>
Clinical Practice Guidelines and Recommendations	HHS antiretroviral guidelines for adult HIV, pediatric HIV, perinatal HIV, and opportunistic infections in adults and pediatrics	<a href="https://clinicalinfo.hiv.gov/en/guidelines">https://clinicalinfo.hiv.gov/en/guidelines</a>
	HIVMA/IDSA primary care guidelines for PWH	<a href="https://academic.oup.com/cid/advance-article/doi/10.1093/cid/ciae479/7818967">https://academic.oup.com/cid/advance-article/doi/10.1093/cid/ciae479/7818967</a>
	Long-acting antiretrovirals for HIV treatment and prevention	<a href="https://accpjournals.onlinelibrary.wiley.com/doi/10.1002/phar.2922">https://accpjournals.onlinelibrary.wiley.com/doi/10.1002/phar.2922</a>
	CDC HIV Nexus	<a href="https://www.cdc.gov/hivnexus/hcp/resources/index.html">https://www.cdc.gov/hivnexus/hcp/resources/index.html</a>
Resources to Obtain Prescription Drug Coverage	Directory of AIDS Drug Assistance Programs	<a href="https://adap.directory/">https://adap.directory/</a>
	Pharmaceutical Company HIV Patient Assistance Programs and Cost-Sharing Assistance Programs	<a href="https://nastad.org/resources/pharmaceutical-company-patient-assistance-programs-and-cost-sharing-assistance-programs">https://nastad.org/resources/pharmaceutical-company-patient-assistance-programs-and-cost-sharing-assistance-programs</a>
<b>Prevent</b>		
APhA's Pharmacy-Based HIV Prevention Services Certificate Training Program		<a href="https://www.pharmacist.com/Education/Certificate-Training-Programs/Pharmacy-Based-HIV-Prevention-Services">https://www.pharmacist.com/Education/Certificate-Training-Programs/Pharmacy-Based-HIV-Prevention-Services</a>
American Academy of HIV Medicine		<a href="https://aahivm.org/prep-your-clinic/">https://aahivm.org/prep-your-clinic/</a>
Clinical Practice Guidelines and Recommendations	CDC PrEP guidelines	<a href="https://stacks.cdc.gov/view/cdc/112360">https://stacks.cdc.gov/view/cdc/112360</a>
	CDC nPEP guidelines	<a href="https://stacks.cdc.gov/view/cdc/38856">https://stacks.cdc.gov/view/cdc/38856</a>
	CDC oPEP guidelines	<a href="https://stacks.cdc.gov/view/cdc/20711">https://stacks.cdc.gov/view/cdc/20711</a>
	CDC immunization recommendations	<a href="https://www.cdc.gov/acip/vaccine-recommendations/index.html">https://www.cdc.gov/acip/vaccine-recommendations/index.html</a>
<b>Respond</b>		
Antiretroviral stewardship	Joint Policy Paper on Antiretroviral Stewardship in Inpatient Practice	<a href="https://pubmed.ncbi.nlm.nih.gov/32445480/">https://pubmed.ncbi.nlm.nih.gov/32445480/</a>
Advocacy	American Academy of HIV Medicine	<a href="https://aahivm.org/advocacy-and-policy/">https://aahivm.org/advocacy-and-policy/</a>
	American Pharmacists Association	<a href="https://www.pharmacist.com/Advocacy/Issues">https://www.pharmacist.com/Advocacy/Issues</a>
	American Society of Health-System Pharmacists	<a href="https://www.ashp.org/advocacy-and-issues">https://www.ashp.org/advocacy-and-issues</a>
	IDSA/HIV Medicine Association	<a href="https://www.idsociety.org/policy--advocacy/member-advocacy-program/">https://www.idsociety.org/policy--advocacy/member-advocacy-program/</a>
Transitions of Care	HIV.gov	<a href="https://www.hiv.gov/federal-response/policies-issues/hiv-aids-care-continuum">https://www.hiv.gov/federal-response/policies-issues/hiv-aids-care-continuum</a>  <a href="https://www.hiv.gov/hiv-basics/starting-hiv-care/find-a-provider/locate-a-hiv-care-provider#:~:text=Visit%20a%20health%20center%E2%80%9494Health,Follow%20Dup%20testing%20and%20care.">https://www.hiv.gov/hiv-basics/starting-hiv-care/find-a-provider/locate-a-hiv-care-provider#:~:text=Visit%20a%20health%20center%E2%80%9494Health,Follow%20Dup%20testing%20and%20care.</a>
	HealthHIV.org	<a href="https://healthhiv.org/reinforce/#:~:text=The%20REINFORCE%20Center%20from%20HealthHIV,at%20HealthHIV.org/reinforce.">https://healthhiv.org/reinforce/#:~:text=The%20REINFORCE%20Center%20from%20HealthHIV,at%20HealthHIV.org/reinforce.</a>

Social Determinants of Health	Center for Health Care Strategies	<a href="https://www.chcs.org/resource/screening-social-determinants-health-populations-complex-needs-implementation-considerations/">https://www.chcs.org/resource/screening-social-determinants-health-populations-complex-needs-implementation-considerations/</a>
	HIV.gov	<a href="https://www.hiv.gov/topics/socialdeterminants">https://www.hiv.gov/topics/socialdeterminants</a>
	Office of Infectious Diseases and HIV/AIDS, US Department of Human Health Services	<a href="https://www.hiv.gov/federal-response/ending-the-hiv-epidemic/overview">https://www.hiv.gov/federal-response/ending-the-hiv-epidemic/overview</a>
	World Health Organization	<a href="https://www.who.int/publications/i/item/9789241500852">https://www.who.int/publications/i/item/9789241500852</a>

## 849 Implementation of Pharmacist Services

### 850 *Addressing Social Determinants of Health (SDoH)*

851 Any pharmacy practice that serves PWH should consider how to address SDoH, which  
852 encompasses the conditions in which people live, learn, work, and play that can affect their  
853 health risks, and implement various services including HIV treatment and prevention. Pharmacist  
854 involvement is essential for improving health outcomes, particularly for vulnerable populations.

855 Through screenings, pharmacists can uncover barriers such as food insecurity, housing instability,  
856 lack of transportation, and social isolation.<sup>180-181</sup> By addressing these issues, they can improve  
857 medication adherence and overall health. For instance, understanding a patient's transportation  
858 challenges can lead to solutions like medication delivery services. Pharmacists also collaborate  
859 with other healthcare providers to create comprehensive care plans that consider SDoH, ensuring  
860 that all aspects of a patient's health are addressed. Additionally, they educate patients about the  
861 impact of SDoH on their health and advocate for policies that address these determinants at both  
862 community and national levels.<sup>74,177</sup>

863 The multifaceted services provided by pharmacists are crucial in the ongoing effort to manage  
864 and prevent HIV transmission. By addressing SDoH and offering specialized HIV services,  
865 pharmacists significantly contribute to the health and well-being of individuals and communities.  
866 Their expertise, dedication, and patient-centered approach make them invaluable allies in the  
867 fight against HIV, fostering a more equitable and supportive healthcare system for everyone.

### 868 *Reimbursement Landscape*

869 Economic evaluations consistently demonstrate the cost-effectiveness of clinical pharmacy  
870 services. A comprehensive review of studies from 2011 to 2017 highlighted the financial viability  
871 of clinical pharmacist services ranging from general pharmacotherapy to disease management,  
872 across various settings such as hospitals, ambulatory care clinics, and community pharmacies.<sup>182</sup>  
873 Further analysis from 2016 to 2020 reinforced these findings, emphasizing the economic benefits  
874 of pharmacy services in diverse healthcare environments and improving patients' health  
875 outcomes.<sup>183</sup>

876 Despite this, reimbursement by Medicaid or Medicare and commercial or private health plans  
877 for the clinical services pharmacists provide beyond medication dispensing and immunization  
878 administration remains complex and variable in each state. Reimbursement practices are often  
879 contingent upon the type of service and its setting. Surveys indicate that community and retail  
880 pharmacists frequently offer clinical services but encounter significant hurdles in securing  
881 sustainable reimbursement.<sup>184</sup> While some services are compensated through traditional fee-for-

service models, others are aligned with value-based payment systems that prioritize outcomes and cost savings. Policy is needed for the sustainable reimbursement of pharmacy services, and literature advocates for standardized reimbursement models that duly recognize the clinical contributions of pharmacists.<sup>185-186</sup>

On a national level, the Center for Medicare and Medicaid Services (CMS) has specific guidelines on billing for PrEP. Medicare covers FDA-approved PrEP medications, both oral and injectable, along with associated services such as counseling sessions and HIV screenings. This inclusive coverage ensures that older adults and individuals with disabilities have access to preventive HIV care, reflecting a commitment to protecting vulnerable populations.<sup>187</sup> Pharmacies enrolled as Medicare Part B suppliers can bill for PrEP medications, including the administration fee for injectable PrEP.<sup>188</sup> This not only enhances the accessibility of PrEP but also recognizes the critical role pharmacists play in the healthcare continuum. Unfortunately, CMS does not universally recognize pharmacists as providers, which limits reimbursement opportunities under other insurance plans.

The health insurance reimbursement landscape for pharmacy services in HIV prevention is marked by significant progress and challenges. Establishing CPAs can be challenging, limiting pharmacists' ability to prescribe PrEP and PEP independently. The lack of universal recognition of pharmacists as healthcare providers by CMS and other insurers continues to be a barrier to widespread reimbursement for their HIV prevention services. Legislative advancements in states such as California, Colorado, Illinois, and Oregon, among others, are paving the way for better reimbursement of pharmacy services in HIV prevention. These efforts are extremely important for expanding access to PrEP and PEP, ensuring pharmacists are adequately compensated to sustain their progress toward improving public health outcomes.

### **Advocacy and Professional Engagement**

Pharmacists must serve as strong advocates for both the profession of pharmacy and for populations of PWH to elevate services provided to PWH and other vulnerable populations. Beyond medication dispensing, pharmacists can provide a broad spectrum of support services that are essential for the overall well-being and health of PWH. Advocacy and professional engagement should be directed at the individual patient level, for populations, or aimed at broader systematic improvements that enhance the care ecosystem. Below are examples of multifaceted advocacy efforts to enhance patient medication access, clinical management, collaborative care, education, and public health initiatives.

One of the primary challenges faced by PWH is accessing and affording medications. Pharmacists play a critical role in mitigating these challenges by facilitating enrollment in state-run AIDS drug assistance programs and manufacturer co-pay assistance programs.<sup>48-49</sup> These programs are vital to ensure patients can obtain their ART, PrEP, and PEP medications without excessive financial burden.<sup>49,57</sup> Pharmacists adeptly navigate the complex insurance prior authorization processes, dedicating significant time and effort securing approvals to ensure patients receive their

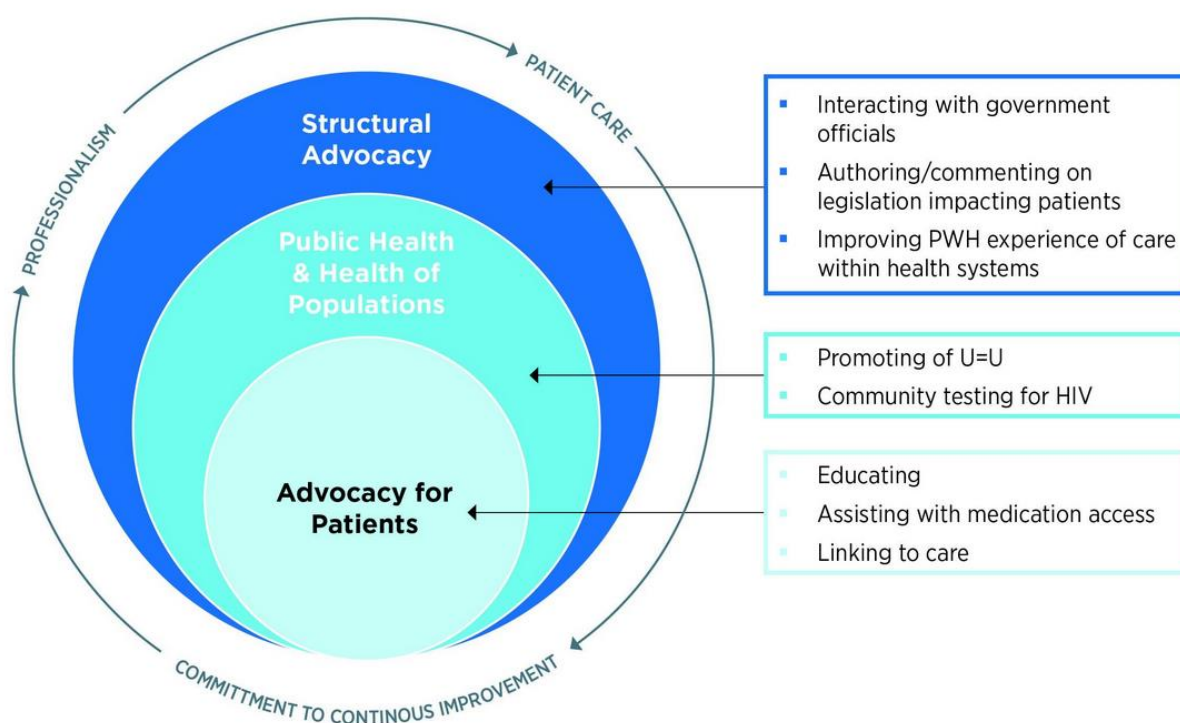


medications promptly, which is crucial for immune health and preventing HIV disease progression.

By providing individualized education, pharmacists empower patients to make informed decisions about their treatment. They educate patients on the importance of adhering to their ART regimens, which is essential for achieving and maintaining an undetectable viral load. This undetectable status is not only critical for the individual's health but also for preventing the transmission of HIV, as encapsulated in the "undetectable equals untransmittable" (U=U) concept.<sup>189</sup> Pharmacists can emphasize adherence during initial diagnosis counseling and routine consultations, addressing any concerns or barriers that patients may face. Their expertise in managing complex medication regimens ensures that patients understand their treatment plans and are aware of potential side effects, thereby enhancing adherence and clinical outcomes.<sup>190</sup>

Pharmacists are also champions of public health initiatives, particularly in the realm of HIV prevention and education. In actively promoting the U=U concept, they reinforce scientific evidence that maintaining an undetectable viral load through effective ART prevents the transmission of HIV. This advocacy is crucial in reducing stigma and misinformation surrounding HIV. Pharmacists can participate in community outreach programs, offering HIV testing and counseling services, and raising awareness about HIV, its impact, and prevention strategies (see Figure 2).

**Figure 2. The Role of Pharmacists as Advocates for Patients with HIV**



Healthcare is a shifting landscape and there are many potential structural changes which can improve care for PWH. In their day-to-day work, pharmacists see and hear about relevant issues affecting individual patients. On a broader level pharmacists can also be cognizant of, advocate for, and educate others on federal and state laws that may facilitate or hinder access to quality HIV care. Recognizing the impact of SDoH, this can extend to advocating for issues such as housing, socioeconomic status, and general access to healthcare. Pharmacists may achieve this by interacting with local lawmakers, providing public comments on legislative bills and policies when possible, and voting on issues affecting PWH.

Lastly, pharmacists must continue to advocate for themselves and their profession. By participating in HIV planning boards at the state and national levels, in professional pharmacy organizations, and in community-based organizations, pharmacists can advocate for expanded roles in HIV prevention and management.<sup>42,63</sup> Additionally, there is a pressing need for advocacy and policy initiatives to ensure that pharmacists receive appropriate compensation for expanding roles in patient care, mainly in providing PrEP and PEP. Several states have successfully passed legislation authorizing pharmacists to prescribe PrEP and PEP, under protocol or a CPA, and have added provisions for pharmacists to receive compensation for these HIV preventive services. Some states allow reimbursement for pharmacist services in furnishing PrEP/PEP, as mentioned in the PrEP and PEP section above. However, universal compensation for pharmacists' clinical services in this area remains a growing effort.

In summary, pharmacists can be indispensable advocates for PWH and the public health or policy initiatives that impact them. Through their dedication, expertise, and compassionate care, pharmacists play a significant role in ensuring that PWH receive the support and resources they need to manage their health effectively and live fulfilling lives.

## Research Gaps and Opportunities

Many pharmacists would benefit from additional training and mentorship in research to systematically develop, enhance, implement, and promote new recommendations across the HIV care continuum. While the science surrounding HIV therapeutics and drug discovery is often robust, other pharmacy-based HIV and PrEP research have faced criticism for being of moderate quality and lacking strong evidence from randomized trials.<sup>4</sup> To address this, the profession must advocate for increased funding to support sustainable and high-quality pharmacist-led research. Additionally, finding efficiencies that enable more frontline pharmacists to engage in rigorous practice-based research is essential.<sup>190-191</sup> Research opportunities could focus on several areas:

1. **Integration of innovative pharmacy services:** Investigating the challenges and best practices for integrating HIV pharmacy services in various settings (e.g., implementation of LAI PrEP in community pharmacies and pharmacist-led ambulatory care clinics).
2. **Reimbursement and impact of pharmacist-provided clinical services:** Evaluating the cost-effectiveness and impact of the clinical services pharmacists provide in HIV

management and treatment versus the cost of PWH acquiring HIV and/or being hospitalized for an opportunistic infection associated with AIDS.

3. **Addressing the impact of pharmacist provider status legislation on patient outcomes:**

Comparing the different legal definitions of pharmacists as healthcare providers in each state and their potential impact on compensation for health counseling and screening for PWH.

4. **Training pharmacists and pharmacy staff:** Expanding HIV clinical training program opportunities for pharmacists and developing effective training programs for pharmacy staff to enhance service delivery.

5. **Addressing health disparities:** Exploring ways pharmacists work to reduce health disparities in HIV and PrEP care through targeted interventions.

Increasing familiarity with diverse research methodologies, such as quasi-experimental studies and implementation science, can enhance the rigor and visibility of pharmacist-led HIV and PrEP research. Viewing pharmacy services or physical pharmacy spaces as "laboratories" for practice-based research can foster a culture of innovation and continuous improvement.<sup>63</sup>

Moreover, there is significant potential in analyzing big data and facilitating access to large pharmacy datasets. These resources can support early-career pharmacist-scientists and expand knowledge about pharmacist-provided HIV care and PrEP services. By leveraging this data, pharmacists can identify trends, measure outcomes, and develop evidence-based practices that improve patient care. To advance the field of pharmacy-based HIV and PrEP research, it is critical to invest in training, mentorship, and funding. Embracing diverse research methods and utilizing big data will enhance the quality and impact of pharmacist-led research, ultimately leading to better health outcomes for PWH and those at risk of acquiring HIV.

## Conclusion

Pharmacists are uniquely positioned to address the complex challenges and opportunities of HIV care, from expanding access to testing and prevention services to optimizing ART and managing comorbid conditions. Their expertise in pharmacotherapy, patient education, and care coordination is essential for improving health outcomes and enhancing the quality of life for PWH. The integration of pharmacists into HIV care teams, coupled with their expanded roles and responsibilities, is pivotal in achieving the ambitious targets of the EHE initiative. More importantly, pharmacists must continue to advocate for policy changes that support their expanding roles, including recognition of provider status and reimbursement for clinical services. Ongoing research and professional development and training of pharmacists in HIV practice are crucial for staying abreast of the latest advancements in HIV treatment and prevention. By fostering a culture of innovation and collaboration, pharmacists can drive significant progress in the fight against HIV and, ultimately, contribute to the goal of ending the HIV epidemic in the United States.

The authors have declared no potential conflicts of interest.

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